## OWNER'S MANUAL

## KONA BICYCLE COMPANY

## BCOYZLES

CAUTION: This owner's manual

## OWNER'S RECORD

Please take a few minutes right now to complete the Owner's Record [below]. Please note that WARRANTY IS ONLY VALID if your bicycle is purchased from and assembled by an authorized Kona dealer. Keep your receipt with this record so it can be presented to your authorized Kona dealer when service is requested. Please note that details about your bicycle-especially the serial number-may not be recorded by your Kona dealer or by the Kona Bicycle Company. You may need this information if your bicycle is stolen:

## OWNER'S NAME

$\qquad$
ADDRESS $\qquad$
PURCHASE DATE $\qquad$
model $\qquad$ COLOR

SERIAL NUMBER

## dealer name

$\qquad$
ADDRESS $\qquad$
PHONE $\qquad$
NOTES $\qquad$
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THANK YOU for buying a Kona. A bicycle is a wonderful tool for transportation and recreation. We hope that you will ride it often and have a great deal of use and enjoyment from your purchase. This manual contains important safety, performance and maintenance information.

## IMPORTANT: Read this manual before taking your first ride on your new bicycle, and keep this manual handy for future reference.

NOTE: This manual is not intended as a comprehensive use, service repair or service manual. Please see your dealer for all service, repairs or maintenance. Your dealer may also be able to refer you to classes, clinics or books on bicycle use, service or maintenance.

ABOUT THIS MANUAL: This owner's manual was prepared with your safety as our first consideration. A great deal of the text was prepared by a group of US-based bicycle manufacturers and distributors. Those sections are copyrighted by Kona Bicycle Company and the other companies using the same text, and may not be reproduced without the written consent of Kona Bicycle Company.
In addition to safety, many bicycle manufacturers and distributors are concerned with the alarming number of product liability cases brought forwards over the last 5 years. Because American and Canadian attorneys are entitled to mount these cases on a contingency basis, many larger manufacturers and distributors have been marked as deep pocket targets for what in many cases, turn out to have been the responsibility of the bicycle rider. Even the most frivolous cases are costly to the manufacturer and distributor, which additionally result in higher insurance premiums, and eventually, higher bicycle prices. The Consumer Product and Safety Commission has undertaken a variety of studies that find that, for the most part, bicycles are well-made and safe vehicles.

These studies conclude that many serious and minor accidents could be prevented by the use of helmets. It should also be noted that ACCIDENTS CAN ALSO BE PREVENTED BY PROPER INSTRUCTION OF BICYCLE USE AND MAINTENANCE. Your Kona dealer will provide you with basic instructions to get you safely started. In addition, we strongly recommend that YOU READ THIS ENTIRE MANUAL PAYING PARTICULAR ATTENTION TO WARNINGS AND CAUTIONS.
So hang in there while you wade through the legalese.
Yes we are trying to protect ourselves against unreasonable lawsuits, but we are concerned about your safety. A properly tuned and well-maintained bike keeps all parties happy... and parties, most happily.
Kona was started in the Pacific Northwest in 1988 by a group of cyclists dedicated to producing high-quality custom bicycles. With muddy, rooty, slippery temperate rainforest slopes as our backdrop, we prioritize durable, quality product designed to withstand seasons of demanding use through incessant rain and punishing terrain. You can find members of Kona's product design group evaluating new frames, suspension, and components on our nearby trails, ensuring the same 1988 founding sentiment rings true today: quality product, constant improvement, durable bikes.

As a result, we welcome your feedback. Improvement is a two-way street. If for any reason you're not satisfied with your bike, the service you were given, or anything at all (including but not limited to: prematurely soggy Rice Krispies, slow Internet, incessantly barking hound dogs... we're kidding - but not about your satisfaction and our quest for betterment) please let us know. And of course, thank you for joining the Kona family-we deeply appreciate your support and value your feedback.

## GENERAL WARNING:

Like any sport, bicycling involves risk of injury and damage. By choosing to ride a bicycle, you assume the responsibility for that risk, so you need to know and to practice - the rules of safe and responsible riding and of proper use and maintenance. Proper use and maintenance of your bicycle reduces your risk of injury.
This Manual contains many "Warnings" and "Cautions" concerning the consequences of failure to maintain or inspect your bicycle and of failure to follow safe cycling practices.

- The combination of the safety alert symbol and the word WARNING indicates a potentially hazardous situation which, if not avoided, could result in serious injury or death.
- The combination of the safety alert symbol and the word CAUTION indicates a potentially hazardous situation which, if not avoided, may result in minor or moderate injury, or is an alert against unsafe practices.
- The word CAUTION used without the safety alert symbol indicates a situation which, if not avoided, could result in serious damage to the bicycle or the voiding of your warranty.
Many of the Warnings and Cautions directly express that "you may lose control and fall." Because any fall can result in serious injury or even death, we do not always repeat the warning of possible injury or death.

Because it is impossible to anticipate every situation or condition which can occur while riding, this Manual makes no representation about the safe use of the bicycle under all conditions. There are risks associated with the use of any bicycle which cannot be predicted or avoided, and which are the sole responsibility of the rider.

## A Special Note for Parents:

A WARNING: This manual covers both adult and juvenile types of bicycles. And your child may be sold or may ride an adult-sized bicycle as well.

As a parent or guardian, you are responsible for the activities and safety of your minor child, and that includes making sure that the bicycle is properly fitted to the child; that it is in good repair and safe operating condition; that you and your child have learned and understand the safe operation of the bicycle; and that you and your child have learned, understand and obey not only the applicable local motor vehicle, bicycle and traffic laws, but also the common sense rules of safe and responsible bicycling. As a parent, you should read this manual, as well as review its warnings and the bicycle's functions and operating procedures with your child, before letting your child ride the bicycle.
! WARNING: Make sure that your child always wears an approved bicycle helmet when riding; but also make sure that your child understands that a bicycle helmet is for bicycling only, and must be removed when not riding. A helmet must not be worn while playing, in play areas, on playground equipment, while climbing trees, or at any time while not riding a bicycle. Failure to follow this warning could result in serious injury or death.

## 1. FIRST - BEFORE YOU RIDE

NOTE: We strongly urge you to read this Manual in its entirety before your first ride; but at the very least, read and make sure that you understand each point in this section, and refer to the cited sections on any issue that you don't completely understand. Please note that not all bicycles have all of the features described in this Manual. Ask your dealer to point out the features of your bicycle.

## A) BIKE FIT

1. Is your bike the right size? To check, see Section 3.A. If your bicycle is too large or too small for you, you may lose control and fall. If your new bike is not the right size, ask your dealer to exchange it before you ride it.
2. Is the saddle positioned to the correct height? To check, see Section 3.B. If you adjust your saddle height, make sure that you follow the Minimum Insertion instructions in Section 3.B.
3. Are saddle and seatpost securely clamped? A correctly tightened saddle will allow no saddle movement in any direction [see Section 3.B for details].
4. Are the stem and handlebars at the correct height for you? If not, see Section 3.C on what you can do about it.
5. Can you comfortably operate the brakes? If not, you may be able to adjust their angle and reach [see Section 3.D and 3.E for details].
6. Do you fully understand how to operate your new bicycle? If not, before your first ride, have your dealer explain any functions or features that you do not understand.

## B) SAFETY FIRST!

1. Always wear an approved helmet when riding your bike, and follow the helmet manufacturer's instructions for fit, use and care of your helmet.
2. Do you have all the other required and recommended safety equipment? See Section 2. It's your responsibility to familiarize yourself with the laws of the areas where you ride, and to comply with all applicable laws.
3. Do you know how to correctly secure your front and rear wheels? Check Section 4.A to make sure. Riding with an improperly secured wheel can cause the wheel to wobble or disengage from the bicycle, and cause serious injury or death.
4. If your bike has clipless "step-in" pedals, make sure you know how they work [see Section 4.E]. These pedals require special techniques and skills. Follow the pedal manufacturer's instructions for use, adjustment and care.
5. Do you have "toe overlap"? On smaller-framed bicycles your foot or pedal may be able to contact the front wheel when a pedal is in the forward position and the wheel is turned. Read Section 4.E. to check whether you have toe overlap.
6. Does your bike have suspension? If so, check Section 4.F. Suspension can change the way a bicycle performs. Follow the suspension manufacturer's instructions for use, adjustment and care.

## C) MECHANICAL SAFETY CHECK

## Routinely check the condition of your bicycle before every ride.

Nuts, bolts, screws \& other fasteners: Because manufacturers use a wide variety of fastener sizes and shapes made in a variety of materials, often differing by model and component, the correct tightening force or torque cannot be generalized. To make sure that the many fasteners on your bicycle are correctly tightened, refer to the torque specifications in the instructions provided by the manufacturer of the component in question. Correctly tightening a fastener requires a calibrated torque wrench. A professional bicycle mechanic with a torque wrench should torque all fasteners on your bicycle to the appropriate torque specification. If you choose to work on your own bicycle, you must use a torque wrench and the correct tightening torque specifications from the component manufacturer or from your dealer. If you need to make an adjustment at home or in the field, we urge you to exercise care, and to have the fasteners you adjusted checked by your dealer as soon as possible. Note that there are some components that require special tools and knowledge. In sections 3 and 4 we discuss the items that you may be able to adjust yourself. All other adjustments and repairs should be done by a qualified bicycle mechanic.

> A WARNING: The correct tightening force applied to fasteners - nuts, bolts, screws - on your bicycle is important. Too little force, and the fastener may not hold securely. Too much force, and the fastener can strip threads, stretch, deform or break. Either way, incorrect tightening force can result in component failure, which can cause you to lose control and fall.

Make sure nothing is loose. Lift the front wheel off the ground by two or three inches ( 5 to 8 cm ), then let it bounce on the ground. Anything sound, feel or look loose? Do a visual and tactile inspection of the whole bike. Any loose parts or accessories? If so, secure them. If you're not sure, ask someone with experience and/or a qualified professional to check.

Tires \& Wheels: Make sure tires are correctly inflated [see Section 4.H.1]. Check by putting one hand on the saddle, one on the intersection of the handlebars and stem, then pushing your weight onto the bike while examining tire deflection. Compare what you see with how it looks when you know the tires are correctly inflated; and adjust if necessary. Tires in good shape? Spin each wheel slowly and look for cuts in the tread and sidewall. Also give a visual inspection to the tire and rim interface: Ensure that the tire is evenly and snugly mounted to the rim. The tire should neither hop nor wobble when the wheel is spun. Replace damaged tires before riding the bike. Wheels true? Spin each wheel and check for rim brake clearance and side-to-side wobble. If a wheel wobbles side to side even slightly, or rubs against or hits the rim brake pads, take the bike to a qualified bike shop to have the wheel trued.
A CAUTION: Wheels must be true for the rim brakes to work effectively. Wheel truing is a skill which requires special tools and experience. Do not attempt to true a wheel unless you have the knowledge, experience and tools needed to do the job correctly.
Wheel rims clean and undamaged? Make sure the rims are clean and undamaged at the tire bead and, if you have rim brakes, along the braking surface. Check to make sure that any rim wear indicator marking is not visible at any point on the wheel rim.

A
WARNING: Bicycle wheel rims are subject to wear. Ask your dealer about wheel rim wear. Some wheel rims have a rim wear indicator which becomes visible as the rim's braking surface wears. A visible rim wear indicator on the side of the wheel rim is an indication that the wheel rim has reached its maximum usable life. Riding a wheel that is at the end of its usable life can result in wheel failure, which can cause you to lose control and fall.

Brakes: Check the brakes for proper operation (see Section 4.C). Squeeze the brake levers. Are the brake quick-releases closed? All control cables seated and securely engaged? If you have rim brakes, do the brake pads contact the wheel rim squarely and make full contact with the rim? Do the brakes begin to engage within an inch of brake lever movement? Can you apply full braking force at the levers without having them touch the handlebar? If not, your brakes need adjustment. If you have disc brakes, is there adequate brake pad material on each brake pad within the calipers? You should be able to see material between the metal-backed plate of each pad and the rotor. If none is visual, you may have worn through your disc brake pads. Do not ride the bike until the brakes are properly adjusted by a professional bicycle mechanic.

Wheel Retention System: Make sure the front and rear wheels are correctly secured. See Section 4.A.
Seatpost: If your seatpost has an over-center cam action fastener (quick-release lever) for easy height adjustment, check that it is properly adjusted and in the locked position. See Section 4.B.

Saddle and Handlebar Alignment: Make sure the saddle and handlebar stem are parallel to the bike's center line and clamped tight enough so that you can't
twist them out of alignment [see Sections 3.B and 3.C]. If not, align and tighten them.

Handlebar Grips/Plugs: Make sure the handlebar grips are secure and in good condition, with no cuts, tears or worn-out areas. If not, have your dealer replace them. Make sure the handlebar ends are plugged. If not, have your dealer plug them before you ride.
A WARNING: Loose or damaged handlebar grips can cause you to lose control and fall. Unplugged handlebars can cut your body, and can cause serious injury in an otherwise minor accident.

Some handlebars are equipped with grips that lock on with a mechanical connection. They must have adequate space to properly align the grips with the handlebar ends and be properly plugged so no portion of the handlebar end is exposed. Locking grips must be properly tightened to avoid movement.
A WARNING: Improperly secured locking grips could lead to a loss of control or a crash, resulting in serious injury or death.

VERY IMPORTANT SAFETY NOTE: Please also read and become thoroughly familiar with the important information on the lifespan of your bicycle and its components in Appendix B on Page 40.

## D) FIRST RIDE

When you buckle on your helmet and go for your first familiarization ride on your new bicycle, be sure to pick a controlled environment away from cars, other cyclists, obstacles or other hazards. Ride to become familiar with the controls, features and performance of your new bike.

Familiarize yourself with the braking action of the bike [see Section 4.C]. Test the brakes at slow speed, putting your weight toward the rear and gently applying the brakes, rear brake first. Sudden or excessive application of the front brake could pitch you over the handlebars. Applying brakes too hard can lock up a wheel, which could cause you to lose control and fall. Skidding is an example of what can happen when a wheel locks up.

If your bicycle has clipless pedals, practice getting in and out of the pedals [See Paragraph B. 4 above and Section 4.E].

If your bike has suspension, familiarize yourself with how the suspension responds to brake application and rider weight shifts [see Paragraph B. 6 above and Section 4.F].
Practice shifting the gears [see Section 4.D]. Remember to neither move the shifter (shift gears) while pedaling backward, nor pedal backwards immediately after having moved (or shifted) the shifter. This could jam the chain and cause serious damage to the bicycle.
Check out the handling and response of the bike; and check the comfort.
If you have any questions, or if you feel anything about the bike is not as it should be, take the bike back to your dealer before you ride again.

## 2. SAFETY

## A) THE BASICS

A WARNING: The area in which you ride may require specific safety devices. It is your responsibility to familiarize yourself with the laws of the area where you
ride and to comply with all applicable laws, including properly equipping yourself and your bike as the law requires. Observe all local bicycle laws and regulations. Observe regulations about bicycle lighting, licensing of bicycles, e-bike classes and associated usage, riding on sidewalks, laws regulating bike path and trail use, helmet laws, child carrier laws, special bicycle traffic laws. It's your responsibility to know and obey the laws.

1. Always wear a cycling helmet [Fig. 1] which meets the latest certification standards and is appropriate for the type of riding you do. Always follow the helmet manufacturer's instructions for fit, use and care of your helmet. Most serious bicycle injuries involve head injuries which might have been avoided if the rider had worn an appropriate helmet.


WARNING: Failure to wear a helmet when riding may result in serious injury or death.
2. Always do the Mechanical Safety Check before you get on a bike [see Section 1.C].
3. Be thoroughly familiar with the controls of your bicycle: brakes [see Section 4.C]; pedals [see Section 4.E]; shifting [see Section 4.D].
4. Be careful to keep body parts and other objects away from the sharp teeth of chainrings; the moving chain; the turning pedals and cranks; and the spinning wheels of your bicycle.
5. Always wear:

- Shoes that will stay on your feet and will grip the pedals. Make sure that shoe laces cannot get into moving parts, and never ride barefoot or while wearing sandals.
- Bright, visible clothing that is not so loose that it can be tangled in the bicycle or snagged by objects at the side of the road or trail.
- Protective eyewear, to protect against airborne dirt, dust and bugs - tinted when the sun is bright, clear when it's not.

6. Unless your bicycle was specifically designed for jumping (See Appendix A, Intended Use) don't jump with your bike. Jumping a bike, particularly a mountain bike, can be fun; but it can put huge and unpredictable stress on the bicycle and its components. Riders who insist on jumping their bikes risk serious damage to their bicycles as well as to themselves. Before you attempt to jump, do stunt riding or race with your bike, read and understand Section 2.F.
7. Ride at a speed appropriate for conditions. Higher speed means higher risk.

## B) RIDING SAFETY

1. Obey all rules of the road and all local-traffic laws.
2. You are sharing the road or the path with others motorists, pedestrians and other cyclists. Respect their rights.
3. Ride defensively. Always assume that others do not see you.
4. Look ahead, and be ready to avoid:

- Vehicles slowing or turning, entering the road or your lane ahead of you, or coming up behind you.
- Parked car doors opening.
- Pedestrians stepping out.
- Children or pets playing near the road.
- Potholes, sewer grating, railroad tracks, expansion joints, road or sidewalk construction, debris and other obstructions that could cause you to swerve into traffic,
catch your wheel or otherwise cause you to lose control and have an accident.
- The many other hazards and distractions which can occur on a bicycle ride.

5. Ride in designated bike lanes, on designated bike paths or as close to the edge of the road as possible, in the direction of traffic flow or as directed by local governing laws.
6. Stop at stop signs and traffic lights; slow down and look both ways at street intersections. Remember that a bicycle always loses in a collision with a motor vehicle, so be prepared to yield even if you have the right of way.
7. Use approved hand signals for turning and stopping.
8. Never ride with headphones. They mask traffic sounds and emergency vehicle sirens, distract you from concentrating on what's going on around you, and their wires can tangle in the moving parts of the bicycle, causing you to lose control.
9. Never carry a passenger; and, before installing a child carrier or trailer, check with your dealer or the bicycle manufacturer to make sure the bicycle is designed for it. If the bicycle is suitable for a child carrier or trailer, make sure that the carrier or trailer is correctly mounted and the child is secured and wearing an approved helmet.
10. Never carry anything that obstructs your vision or your complete control of the bicycle, or anything that could become entangled in the moving parts of the bicycle.
11. Never hitch a ride by holding on to another vehicle.
12. Don't do stunts, wheelies or jumps. If you intend to do stunts, wheelies, jumps or go racing with your bike despite our advice not to, read Section 2.F, Extreme, Stunt or Competition Riding, now. Think carefully about your skills before deciding to take the large risks that go with this kind of riding.
13. Don't weave through traffic or make any moves that may surprise people with whom you are sharing the road.
14. Observe and yield the right of way.
15. Never ride your bicycle while under the influence of alcohol or drugs.
16. If possible, avoid riding in bad weather, when visibility is obscured, at dawn, at dusk or in the dark, or when extremely tired. Each of these conditions increases the risk of accident.

## C) OFF-ROAD SAFETY

We recommend that children not ride on rough terrain unless they are accompanied by an adult.

1. The variable conditions and hazards of off-road riding require close attention and specific skills. Start slowly on easier terrain and build up your skills. If your bike has suspension, the increased speed you may develop also increases your risk of losing control and falling. Get to know how to handle your bike safely before trying increased speed or more difficult terrain.
2. Wear safety gear appropriate to the kind of riding you plan to do.
3. Don't ride alone in remote areas. Even when riding with others, make sure that someone knows where you're going and when you expect to be back.
4. Always take along some kind of identification, so that people know who you are in case of an accident; and take along some cash for food, a cool drink, cell phone and possibly an emergency locator gps beacon if going into remote territory without cell service.
5. Yield right of way to pedestrians and animals. Ride in a way that does not frighten or endanger them, and give
them enough room so that their unexpected moves don't endanger you.
6. Be prepared. If something goes wrong while you're riding off-road, help may not be close. In addition to food/ clothing/means of communication, take a handheld bicycle pump, inner tube, tire lever, and multi-tool. Bigger or extended trips may necessitate additional spare or backup parts.
7. Before you attempt to jump, do stunt riding or race with your bike, read and understand Section 2.F.

## Off-Road Respect

Obey the local laws regulating where and how you can ride off-road, and respect private property. You may be sharing the trail with others - hikers, equestrians, other cyclists. Respect their rights. Stay on the designated trail. Don't contribute to erosion by riding in mud or with unnecessary sliding. Don't disturb the ecosystem by cutting your own trail or shortcut through vegetation or streams. It is your responsibility to minimize your impact on the environment. Leave things as you found them; and always take out everything you brought in.

## D) WET-WEATHER RIDING

A WARNING: Wet weather impairs traction, braking and visibility, both for the bicyclist and for other vehicles sharing the road. The risk of an accident is dramatically increased in wet conditions.

Under wet conditions, the stopping power of your brakes (as well as the brakes of other vehicles sharing the road) is dramatically reduced and your tires don't grip nearly as well. This makes it harder to control speed and easier to lose control. To make sure that you can slow down and stop safely in wet conditions, ride more slowly and apply your brakes earlier and more gradually than you would
under normal, dry conditions [see also Section 4.C].

## E) NIGHT RIDING

Riding a bicycle at night is much more dangerous than riding during the day. A bicyclist is very difficult for motorists and pedestrians to see. Therefore, children should never ride at dawn, at dusk or at night. Adults who chose to accept the greatly increased risk of riding at dawn, at dusk or at night need to take extra care in both riding and choosing specialized equipment that helps reduce that risk. Consult your dealer about night riding safety equipment.
A WARNING: Reflectors are not a substitute for required lights. Riding at dawn, at dusk, at night or at other times of poor visibility without an adequate bicycle lighting system and without reflectors is dangerous and may result in serious injury or death.
Bicycle reflectors are designed to pick up and reflect car lights and street lights in a way that may help you to be seen and recognized as a moving bicyclist.
A CAUTION: Check reflectors and their mounting brackets regularly to make sure that they are clean, straight, unbroken and securely mounted. Have your dealer replace damaged reflectors and straighten or tighten any that are bent or loose.

The mounting brackets of front and rear reflectors are often designed as brake straddle cable safety catches which prevent the straddle cable from catching on the tire tread if the cable jumps out of its yoke or breaks.

[^0]the reflectors reduces your visibility to others using the roadway. Being struck by other vehicles may result in serious injury or death. The reflector brackets may protect you from a brake straddle cable catching on the tire in the event of brake cable failure. If a brake straddle cable catches on the tire, it can cause the wheel to stop suddenly, causing you to lose control and fall.

If you choose to ride under conditions of poor visibility, check and be sure you comply with all local laws about night riding, and take the following strongly recommended additional precautions:

- Purchase and install battery or generator-powered head and tail lights which meet all regulatory requirements for where you live and provide adequate visibility.
- Wear light colored, reflective clothing and accessories, such as a reflective vest, reflective arm and leg bands, reflective stripes on your helmet, flashing lights attached to your body and/or your bicycle ... any reflective device or light source that moves will help you get the attention of approaching motorists, pedestrians and other traffic.
- Make sure your clothing or anything you may be carrying on the bicycle does not obstruct a reflector or light.
- Make sure that your bicycle is equipped with correctly positioned and securely mounted reflectors.
While riding at dawn, at dusk or at night:
- Ride slowly.
- Avoid dark areas and areas of heavy or fast-moving traffic.
- Avoid road hazards.
- If possible, ride on familiar routes.
or death, and increases the severity of any injury. Remember that the action depicted is being performed by professionals with many years of training and experience. Know your limits and always wear a helmet and other appropriate safety gear. Even with state-of-the-art protective safety gear, you could be seriously injured or killed when jumping, stunt riding, riding downhill at speed or in competition.


## A WARNING: Bicycles and bicycle parts have

 limitations with regard to strength and integrity, and this type of riding can exceed those limitations or dramatically reduce the length of their safe use.We recommend against this type of riding because of the increased risks; but if you choose to take the risk, at least:

- Take lessons from a competent instructor first.
- Start with easy learning exercises and slowly develop your skills before trying more difficult or dangerous riding
- Use only designated areas for stunts, jumping, racing or fast downhill riding
- Wear a full face helmet, safety pads and other safety gear.
- Understand and recognize that the stresses imposed on your bike by this kind of activity may break or damage parts of the bicycle and void the warranty.
- Take your bicycle to your dealer if anything breaks or bends. Do not ride your bicycle when any part is damaged.
If you ride downhill at speed, do stunt riding or ride in competition, know the limits of your skill and experience. Ultimately, avoiding injury is your responsibility.


## G) CHANGING COMPONENTS OR ADDING ACCESSORIES

There are many components and accessories available to enhance the comfort, performance and appearance of your bicycle. However, if you change components or add accessories, you do so at your own risk. Kona may not have tested that component or accessory for compatibility, reliability or safety on your bicycle. Before installing any component or accessory, including but not limited to a different size tire, a replacement fork, fenders, a lighting system, a luggae rack, a child seat, a trailer, etc., make sure that it is compatible with your bicycle by checking with your dealer. Be sure to read, understand and follow the instructions that accompany the products you purchase for your bicycle. See also Appendix A, p. 37 and B, p. 40.

## A WARNING: Failure to confirm compatibility,

 properly install, operate and maintain any component or accessory can result in serious injury or death.A WARNING: Exposed springs on the saddle of any bicycle fitted with a child seat can cause serious injury to the child.
A WARNING: Changing the components on your bike with other than genuine replacement parts may compromise the safety of your bicycle and may void the warranty. Check with your dealer before changing the components on your bike.
A WARNING: Any accessory or component attached to, on or near a rotating wheel poses a risk of contacting or stopping the wheel, leading to a crash resulting in serious injury or death. Before every ride check to ensure that all such accessories and components, and the fasteners used to attach them, are securely mounted to your bicycle.


WARNING: Any object that unexpectedly and abruptly stops the rotation of the front wheel can cause the bike and rider to pitch forward [Fig. 2], which can result in serious injury or death.

New components or accessories could interfere with the operation of your bicycle's controls, including the steering, shifting, braking, pedaling, or rotation of the wheels. Always verify that any new product you purchase for your bicycle does not interfere with these functions.

WARNING: If your bicycle's controls are impaired or compromised due to the use of incompatible accessories or components, the bicycle may stop unexpectedly, or you may lose control of your bicycle and crash, resulting in serious injury or death.


## 3. FIT

NOTE: Correct fit is an essential element of bicycling safety, performance and comfort. Making the adjustments to your bicycle which result in correct fit for your body and riding conditions requires experience, skill and special tools. Always have your dealer make the adjustments on your bicycle; or, if you have the experience, skill and tools, have your dealer check your work before riding.

WARNING: If your bicycle does not fit properly, you may lose control and fall. If your new bike doesn't fit, ask your dealer to exchange it before you ride it.

## A) STANDOVER HEIGHT

Please note: It is best to measure in person with a bicycle dealer. Listed below are a few general tips on frame sizing. If for any reason you suspect you are on the wrong size bicycle, double check your fit with your dealer before riding it.


Standover height can help assess urban, fitness, hybrid and gravel bicycle frame sizing. Standover is the height of a bicycle's toptube at the point you would be standing directly above were you to move forward, off the saddle, and stand with both feet resting flat on the ground, evenly spaced apart in a normal and comfortable standing position. The highest point on the frame, directly beneath you, is a bicycle's standover height, indicated by arrow in diagram [Fig 3a].

Road, drop bar, gravel bikes, urban bikes: You should be able to comfortably stand, wearing loose fitting clothing, above the frame's toptube with both feet flat on the ground. In the event of emergency, it's important to ensure that you could jump off your saddle without harming yourself, standing above the bike's toptube.

Mountain bike/Mountain bike full suspension: Due to a preference for low-slung frames and adequate seatpost insertion for long-travel seatpost droppers, standover height is not the best way to measure frame fit. Instead, for a given size, ensure that:

1. You have appropriate leg extension when the dropper seatpost is fully extended.

- If not, you may be on too large of a frame, or you may need to reduce your dropper seatpost travel. Be sure to have your bicycle dealer help you with this.

2. The reach measurement is appropriate. Reach is the distance from your bottom bracket, forward to your headtube, as shown in the diagram [Fig. 3b]. It can affect the stability of a bicycle, your weight over the front wheel and a rider's sense of control. It is important that you are neither too stretched out, nor too tightly positioned and scrunched when seated with the dropper seatpost

fully extended and your hands grasping the handlebars. Please work with your bicycle dealer to ensure your reach measurement is appropriate.
3. Handlebar height and stack. As frame sizes become larger for full-suspension bikes, the headtube length grows, raising your handlebar height. Too high of a handlebar height may not place enough weight on the front wheel, creating a dangerous situation where the front wheel can easily wash out beneath a rider, causing the rider to lose control and potentially crash. Too low of a handlebar can place the rider with too much weight on the front wheel and too far over the front wheel, increasing the risk of falling over the handlebars. Be sure to check with your bicycle dealer that your handlebars are the appropriate height for you, and that the position is comfortable for you.
Step-through frames: Just like full-suspension mountain bikes, standover height does not apply to stepthrough frames. Instead, make sure that you are able to attain appropriate leg extension with your saddle raised to a position that does not exceed the minimum insertion
requirement on the seatpost. Also, make sure that you are in a comfortable riding position when seated with your saddle at the correct height: you are neither too close, nor too far from the handlebars.

## B) SADDLE POSITION

Correct saddle adjustment is an important factor in getting the most performance and comfort from your bicycle. If the saddle position is not comfortable for you, see your dealer, who has the tools and skill to change it. The saddle can be adjusted in three directions:

1. Up and down adjustment. To check for correct saddle height [Fig. 4]:

- sit on the saddle;
- place one heel on a pedal;
- rotate the crank until the pedal with your heel on it is in the down position and the crank arm is parallel to the seat tube.
If your leg is not completely straight and just touching the center of the pedal, your saddle height needs to be
 adjusted. If your hips must rock for the heel to reach the pedal, the saddle is too high. If your leg is bent at the knee with your heel on the pedal, the saddle is too low.
Ask your dealer to set the saddle for your optimal riding position and to show you how to make this adjustment. If you choose to make your own saddle height adjustment:
- loosen the seatpost clamp
- raise or lower the seatpost in the seat tube
- make sure the saddle is straight, in line with the frame's top tube and/or not skewed left or right of the bike's centerline
- retighten the seatpost clamp to the recommended torque (see the manufacturer's instructions).
Once the saddle is at the correct height, make sure that the seatpost does not project from the frame beyond its "Minimum Insertion" or "Maximum Extension" mark [Fig. 5].


WARNING: If your seatpost is not inserted in the seat tube as described in B. 1 above, the seatpost, binder or even frame may break, which could cause you to lose control and fall.
2. Front and back adjustment. The saddle can be adjusted forward or backward to help you get the optimal position on the bike. Ask your dealer to set the saddle for your optimal riding position and to show you how to make this adjustment. If you choose to make your own front and back adjustment, make sure that the clamp mechanism is clamping on the straight part of the saddle rails and is not touching the curved part of the rails, and that you are using the recommended torque on the clamping fastener(s) (see the manufacturer's instructions).

3. Saddle angle adjustment. Most people prefer a horizontal saddle; but some riders like the saddle nose angled up or down just a little. Your dealer can adjust saddle angle or teach you how to do it. If you choose to make your own saddle angle adjustment and you have a single bolt saddle clamp on your seatpost, it is critical that you loosen the clamp bolt sufficiently to allow any serrations on the mechanism to disengage before changing the saddle's angle, and then that the serrations fully reengage before you tighten the clamp bolt to the recommended torque (see the manufacturer's instructions).

A WARNING: When making saddle angle adjustments with a single bolt saddle clamp, always check to make sure that the serrations on the mating surfaces of the clamp are not worn. Worn serrations on the clamp can allow the saddle to move, causing you to lose control and fall. Always tighten fasteners to the correct torque. Bolts that are too tight can stretch and deform. Bolts that are too loose can move and fatigue. Either mistake can lead to a sudden failure of the bolt, causing you to lose control and fall.
A NOTE: If your bicycle is equipped with a dropper or telescoping seatpost, please note that the seatpost requires periodic service or maintenance. Ask your dealer for recommended service intervals.

Small changes in saddle position can have a substantial effect on performance and comfort. To find your best saddle position, make only one adjustment at a time.

WARNING: After any saddle adjustment, be sure that the saddle-adjusting mechanism is properly seated and tightened before riding. A loose saddle clamp or seatpost clamp can cause damage to the seatpost, or can cause you to lose control and fall. A correctly tightened saddle-
adjusting mechanism will allow no saddle movement in any direction. Periodically check to make sure that the saddle-adjusting mechanism is properly tightened.

If, in spite of carefully adjusting the saddle height, tilt and fore-and-aft position, your saddle is still uncomfortable, you may need a different saddle design. Saddles are available in many different shapes and sizes. Your dealer can help you select a saddle which, when correctly adjusted for your body and riding style, will be comfortable.
A wARNING: Some people have claimed that extended riding with a saddle which is incorrectly adjusted or which does not support your pelvic area correctly can cause short-term or long-term injury to nerves and blood vessels, or even impotence. If your saddle causes you pain, numbness or other discomfort, listen to your body and stop riding until you see your dealer about saddle adjustment or a different saddle.

## C) HANDLEBAR HEIGHT AND ANGLE

Your bike is equipped with a "threadless" stem (Fig. 7), which clamps on to the outside of the steerer tube. Your dealer may be able to change handlebar height by moving height-adjustment spacers from below the stem
 to above the stem, or vice versa. Otherwise, you'll have to get a stem of different length or rise. Consult your dealer. Do not attempt to do this yourself, as it requires special knowledge.
A WARNING: On some bicycles, changing the stem or stem height can affect the tension of the front brake
cable, locking the front brake or creating excess cable slack which can make the front brake inoperable. If the front brake pads move in toward the wheel rim or out away from the wheel rim when the stem or stem height is changed, the brakes must be correctly adjusted before you ride the bicycle.

A
WARNING: Always tighten fasteners to the correct torque. Bolts that are too tight can stretch and deform. Bolts that are too loose can move and fatigue. Either mistake can lead to a sudden failure of the bolt, causing you to lose control and fall.
Your dealer can also change the angle of the handlebar.
A WARNING: An insufficiently tightened stem clamp bolt or handlebar clamp bolt may compromise steering action, which could cause you to lose control and fall. Place the front wheel of the bicycle between your legs and attempt to twist the handlebar/stem assembly. If you can twist the stem in relation to the front wheel or turn the handlebars in relation to the stem, the bolts are insufficiently tightened.
A WARNING: Be aware that adding aerodynamic extensions to handlebars will change the steering and braking response of the bicycle.

## D) CONTROL POSITION ADJUSTMENTS

The angle of the brake and shift control levers and their position on the handlebars can be changed. Ask your dealer to make the adjustments for you. If you choose to make your own control lever angle adjustment, be sure to retighten the clamp fasteners to the recommended torque (see the manufacturer's instructions).

## E) BRAKE REACH

Many bikes have brake levers which can be adjusted
for reach. If you have small hands or find it difficult to squeeze the brake levers, your dealer can either adjust the reach or fit shorter reach brake levers.
A WARNING: The shorter the brake lever reach, the more critical it is to have correctly adjusted brakes, so that full braking power can be applied within available brake-lever travel. Brake-lever travel insufficient to apply full braking power can result in loss of control, which may result in serious injury or death.

## 4. TECHNICAL INFORMATION

It's important to your safety, performance and enjoyment to understand how things work on your bicycle. We urge you to ask your dealer how to do the things described in this section before you attempt them yourself, and that you have your dealer check your work before you ride the bike. If you have even the slightest doubt as to whether you understand something in this section of the Manual, talk to your dealer. See also Appendix A and B.

## A) WHEELS

Bicycle wheels are designed to be removable for easier transportation and for repair of a tire puncture. In most cases, the wheel axles are inserted into slots, called "dropouts" in the fork and frame, but some mountain and road bikes use what is called a "thru-axle" wheel mounting system.
If you have a bicycle with a thru-axle wheel mounting system, refer to section 4. A, subsection 3.
If you do not have a bicycle with a thru-axle wheel mounting system, it will have wheels are secured in one of three ways:

1. A hollow axle with a shaft ("skewer") running through
it which has an adjustable-tension nut on one end and an over-center cam lever on the other (cam action system, Fig. 8a \& 8b)

2. A hollow axle with a shaft ("skewer") running through it which has a nut on one end and a fitting for a hex key, lock lever or other tightening device on the other (through bolt, Fig. 9)

3. Hex nuts or hex key bolts which are threaded on to or into the hub axle (bolt-on wheel, Fig. 10)


Your bicycle may be equipped with a different securing method for the front wheel than for the rear wheel. Discuss the wheel-securing method for your bicycle with your dealer.

It is very important that you understand the type of wheel-securing method on your bicycle, that you know how to secure the wheels correctly, and that you know how to apply the correct clamping force that safely secures the wheel. Ask your dealer to instruct you in correct wheel removal and installation, and ask them to give you any available manufacturer's instructions.
A WARNING: Riding with an improperly secured wheel can allow the wheel to wobble or fall off the bicycle, which can cause serious injury or death. Therefore, it is essential that you:

1. Ask your dealer to help you make sure you know how to install and remove your wheels safely.
2. Understand and apply the correct technique for clamping your wheel in place.
3. Each time, before you ride the bike, check that the wheel is securely clamped.
The clamping action of a correctly secured wheel must emboss the surfaces of the dropouts.

## 1. Front Wheel Secondary Retention Devices

Most bicycles have front forks that utilize a secondary wheel retention device to reduce the risk of the wheel disengaging from the fork if the wheel is incorrectly secured. Secondary retention devices are not a substitute for correctly securing your front wheel.
Secondary retention devices fall into two basic categories: a. The clip-on type is a part which has been added to the front wheel hub or front fork.
b. The integral type is molded, cast or machined into the outer faces of the front fork dropouts.

Ask your dealer to explain the particular secondary retention device on your bike.
a. Adjusting the traditional cam action mechanism (Fig. 8a)

The wheel hub is clamped in place by the force of the over-center cam pushing against one dropout and pulling the tension-adjusting nut, by way of the skewer, against the other dropout. The amount of clamping force is controlled by the tension-adjusting nut. Turning the tension-adjusting nut clockwise while keeping the cam lever from rotating increases clamping force; turning it counterclockwise while keeping the cam lever from rotating reduces clamping force. Less than half a turn of the tension-adjusting nut can make the difference between safe clamping force and unsafe clamping force.

WARNING: Do not remove or disable the secondary retention device. As its name implies, it serves as a back-up for a critical adjustment. If the wheel is not secured correctly, the secondary retention device can reduce the risk of the wheel disengaging from the fork. Removing or disabling the secondary retention device may also void the warranty. Secondary retention devices are not a substitute for correctly securing your wheel. Failure to properly secure the wheel can cause the wheel to wobble or disengage, which could cause you to lose control and fall, resulting in serious injury or death.

## 2. Wheels with Cam-Action Systems

There are currently two types of over-center cam wheel retention mechanisms: the traditional over-center cam (Fig. 8a), and the cam-and-cup system (Fig. 8b). Both use an over-center cam action to clamp the bike's wheel in place. People also commonly refer to these as quickrelease axles. Your bicycle may use one of these styles for the front wheel, and a different for the rear wheel.

AWARNING: The full force of the cam action is needed to clamp the wheel securely. Holding the nut with one hand and turning the lever like a wing nut with the other hand until everything is as tight as you can get it will not clamp a cam-action wheel safely in the dropouts. See also the first WARNING in this Section, p. 17.

WARNING: When using a threaded, through-bolt over-cam mechanism, be sure to only thread the axle into the dropout while the through-bolt over-cam is in the OPEN position. If adjusted in the CLOSED position, the wheel will not be held securely in place, and could result in serious injury or death.
b. Adjusting the cam-and-cup mechanism (Fig. 8b)

The cam-and-cup system on your front wheel will have been correctly adjusted for your bicycle by your dealer. Ask your dealer to check the adjustment every six months. Do not use a cam-and-cup front wheel on any bicycle other than the one for which your dealer adjusted it.

## 3. Thru-Axle Wheel Mounting System

If you have a mountain or road bike equipped with thru-axle front or rear wheels, make sure that your dealer has given you the manufacturer's instructions, and follow those when installing or removing a thruaxle wheel. If you don't know what a thru-axle is, ask your dealer.

If your bike is equipped with a thru axle, the thru-axle length, diameter, and thread pitch must match the specifications of your frame, fork, and wheel hubs. Always install or remove your wheel in accordance with the thruaxle manufacturer's instructions, and consult the manufacturer if you have any questions.


If you intend to replace the thru axle, make sure that the new thru axle is compatible with your bicycle. Do not remove the thru axle from your bicycle. Do not remove the thru axle from your bicycle and use it on a different bicycle, as it may nopt be compatible and will not properly secure your wheel.
A warning: A wheel attachment device that is not properly secured can allow the wheel to loosen or come off, suddenly stop the wheel, decrease your control, and cause you to fall, resulting in serious injury or death. Ensure the thru axle is not interfering with any part of the bicycle and is fully secured.
a. Adjusting the thru-axle mechanism (Fig. 8a \& 8b)

The thru axle is inserted through the unthreaded hole in the frame or fork's dropout, through the wheel hub, and is threaded directly into the opposing dropout by tighteneing the thru axle. Common installation methods may use an Allen hex key (Fig. 11a) or a cam lever (Fig. 11b). Please refer to the manufacturer's instructions for specific information about your thru axle's operation, including correct torque specifications or lever adjustment information.

## 4. Removing and Installing Wheels

A WARNING: If your bike is equipped with a hubdrive motor, please see specific instructions from the motor manufacturer for removing the rear wheel, paying careful attention to disconnect any wiring necessary for removal as instructed by the hub-drive motor manufacturer.

CAUTION: If your bike has a disc brake, exercise care in touching the rotor or caliper. Disc rotors have sharp edges, and both rotor and caliper can get very hot during use.
(1) If your bike has cam action front wheel retention, move the cam lever so that it curves away from the wheel (Fig. 8a \& 8b). This is the OPEN position. If your bike has a thru-axle, throughbolt or bolt-on front wheel retention, go to the next step.
(2) With the steering fork facing forward, insert the wheel between the fork blades so that the axle seats firmly at the top of the fork dropouts. The cam lever, if there is one, should be on rider's left side of the bicycle (Fig. 8a \& 8b). If your bike has a clip-on type secondary retention device, engage it.
(3) If your bike has a thru-axle front wheel mounting system, insert the thru axle through the unthreaded dropout side and through the hub body, then thread the thru axle into the threads of the opposing dropout.
(4) If your bike has a traditional-cam-action mechanism: holding the cam lever in the ADJUST position with your right hand, tighten the tension-adjusting nut with your left hand until it is finger tight against the fork dropout (Fig. 8a). If you have a cam-and-cup system: the nut and cup (Fig. 8b) will have snapped into the recessed area of the fork dropouts and no adjustment should be required.
(5) While pushing the wheel firmly to the top of the slots in the fork dropouts, and at the same time centering the wheel rim in the fork:
(a) With a cam-action system, move the cam lever upwards and swing it into the CLOSED position (Fig. 8a \& 8b). The lever should now be parallel to the fork blade and curved toward the wheel. To apply enough clamping force, you should have to wrap your fingers around the fork blade for leverage, and the lever should leave a clear imprint in the palm of your hand.
(b) With a through-bolt or bolt-on system, tighten the fasteners to the torque specifications in the hub manufacturer's instructions.
(c) With a thru-axle system, tighten the thru axle (Fig.

11a \& 11b) according to the manufacturer's instructions.
NOTE: If, on a traditional-cam-action system, the lever cannot be pushed all the way to a position parallel to the fork blade, return the lever to the OPEN position. Then turn the tension-adjusting nut counterclockwise one-quarter turn and try tightening the lever again.

WARNING: Securely clamping the wheel with a cam-action-retention device takes considerable force. If you can fully close the cam lever without wrapping your fingers around the fork blade for leverage, the lever does not leave a clear imprint in the palm of your hand, and the serrations on the wheel fastener do not emboss the surfaces of the dropouts, the tension is insufficient. Open the lever; turn the tension-adjusting nut clockwise a quarter turn; then try again. See also the first WARNING in this Section, p. 17.
(6) If you disengaged the brake quick-release mechanism in 3.A. 1 above, re-engage it to restore correct brake pad-to-rim clearance.
(7) Spin the wheel to make sure that it is centered in the frame and clears the brake pads; then squeeze the brake lever and make sure that the brakes are operating correctly.
c. Removing a disc-brake or rim-brake Rear Wheel
(1) If you have a multi-speed bike with a derailleur-gear system: shift the rear derailleur to high gear (the smallest, outermost rear sprocket).
If you have a hub-drive multi-speed e-bike with a derail-leur-gear system, follow (1) above, but also make sure to follow the hub-motor manufacturer's instructions and recommendations if necessary to disconnect any wiring prior to wheel removal. If you have a single-speed bike
with rim or disc brake, go to step (4) below.
(2) If your bike has rim brakes, disengage the brake's quick-release mechanism to increase the clearance between the wheel rim and the brake pads (see Section 4.C, Fig. 13, 14, 15).
(3) On a derailleur-gear system, pull the derailleur body back with your right hand. Some rear derailleurs have a
"lock" button designed to hold the derailleur in an open position when removing the rear wheel. Feel free to use this feature if your derailleur is equipped with it.
(4) With a cam-action mechanism, move the quickrelease lever to the OPEN position (Fig. 8b). With a through-bolt or bolt-on mechanism, loosen the fastener(s) with an appropriate wrench, lock lever or integral lever.
(5) If your bike has a thru-axle rear wheel mounting system (Fig. 11a \& 11b), loosen and remove the thru axle according to the manufacturer's instructions.
(6) Push the rear wheel forward far enough to be able to remove the chain from the rear sprocket, then lift the rear wheel off the ground a few inches and remove it from the rear dropouts.

## d. Installing a disc-brake or rim-brake Rear Wheel

A CAUTION: If your bike is equipped with a rear disc brake, be careful not to damage the disc, caliper or brake pads when reinserting the disc into the caliper. Never activate a disc brake's control lever unless the disc is correctly inserted in the caliper.
(1) With a cam-action system, move the cam lever to the OPEN position (see Fig. 8a \& 8b). The lever should be on the side of the wheel opposite the derailleur and freewheel sprockets.
（a）On a derailleur bike，make sure that the rear derail－ leur is still in its outermost，high gear，position；then pull the derailleur body back with your right hand．Put the chain on top of the smallest freewheel sprocket．Some rear derailleurs have a＂lock＂button designed to hold the derailleur in an open position when removing or reinsert－ ing the rear wheel．Feel free to use this feature if your derailleur is equipped with it．
（b）On single－speed，remove the chain from the front sprocket，so that you have plenty of slack in the chain． Put the chain on the rear－wheel sprocket．
（2）Then，insert the wheel into the frame dropouts and pull it all the way in to the dropouts．
NOTE：On a single－speed or a hub－drive hub，replace the chain on the chainring；pull the wheel back in the dropouts so that it is straight in the frame and the chain has about $1 / 4$ inches of up－and－down play．If using a hub－drive e－bike that relies on a wired connection to provide assist or throttle，be sure to reconnect the necessary wires before use．Give a visual inspection to ensure they are not loose and will not interfere with the chain，spokes，or any part of the rotating wheel．If there is any doubt，have a bicycle dealer check over the wheel before riding it．
（a）With a cam－action system，move the cam lever upward and swing it into the CLOSED position（Fig．8a \＆8b）．The lever should now be parallel to the seatstay or chainstay and curved toward the wheel．To apply enough clamping force，you should have to wrap your fingers around the seatstay or chainstay for leverage，and the lever should leave a clear imprint in the palm of your hand．
（b）With a through－bolt or bolt－on system（Fig．11a）， tighten the fasteners to the torque specifications in the hub manufacturer＇s instructions．
（c）If you have a threaded through－bolt cam－action system
（Fig．11b），make sure that the threads of the through－ bolt are engaged and evenly threaded within the receiving dropout hole or nut before moving the cam lever upward and into the CLOSED position．To apply enough clamping force，you should have to wrap your fingers around the seatstay or chainstay for leverage，and the lever should leave a clear imprint on the palm of your hand．

NOTE：If，on a traditional－cam－action system，the lever cannot be pushed all the way to a position parallel to the seatstay or chainstay，return the lever to the OPEN posi－ tion．Then turn the tension－adjusting nut counterclock－ wise one－quarter turn and try tightening the lever again．

WARNING：Securely clamping the wheel with a cam－action retention device takes considerable force． If you can fully close the cam lever without wrapping your fingers around the seatstay or chainstay for leverage，the lever does not leave a clear imprint in the palm of your hand，and the serrations on the wheel fastener do not emboss the surfaces of the dropouts，the tension is insufficient．Open the lever； turn the tension－adjusting nut clockwise a quarter turn；then try again．See also the first WARNING in this Section，p． 17.
（3）If you disengaged the brake quick－release mechanism in Section 4．C． 2 above，re－engage it to restore correct brake pad－to－rim clearance．
（4）Spin the wheel to make sure that it is centered in the frame and clears the brake pads；then squeeze the brake lever and make sure that the brakes are operating correctly．
（5）If you used the＂lock＂feature（if applicable）on your de－ railleur in step（2）above，be sure to＂unlock＂your derailleur cage by pulling the cage slightly forward，toward the bottom bracket，then easing the derailleur cage back to its resting position，ensuring the chain now has tension．

## B) SEATPOST CAM-ACTION CLAMP

Some bikes are equipped with a cam-action-seatpost binder, also commonly referred to as a "seatpost quick release." The seatpost cam-action binder works exactly like the traditional wheel cam-action fastener (Section 4.A.2). While a cam-action binder looks like a long bolt with a lever on one end and a nut on the other, the binder uses an over-center cam action to firmly clamp the seatpost (see Fig. 8a).
A WARNING: Riding with an improperly tightened seatpost can allow the saddle to turn or move and cause you to lose control and fall. Therefore:

1. Ask your dealer to help you make sure you know how to correctly clamp your seatpost.
2. Understand and apply the correct technique for clamping your seatpost.
3. Before you ride the bike, first check that the seatpost is securely clamped.

## Adjusting the seatpost cam-action mechanism

The action of the cam squeezes the seat collar around the seatpost to hold the seatpost securely in place. The amount of clamping force is controlled by the tension-adjusting nut. Turning the tensionadjusting nut clockwise while keeping the cam lever from rotating increases clamping force; turning it counterclockwise while keeping the cam lever from rotating reduces clamping force. Less than half a turn of the tension-adjusting nut can make the difference between safe and unsafe clamping force.
A WARNING: The full force of the cam action is needed to clamp the seatpost securely. Holding the nut with one hand and turning the lever like a wing
nut with the other hand until everything is as tight as you can get it will not clamp the seatpost safely.
A WARNING: If you can fully close the cam lever without wrapping your fingers around the seatpost or a frame tube for leverage, and the lever does not leave a clear imprint in the palm of your hand, the tension is insufficient. Open the lever; turn the tension-adjusting nut clockwise a quarter turn; then try again.

## C) BRAKES

There are two general types of bicycle brakes: rim brakes, which operate by squeezing the wheel rim between two brake pads; and disc brakes, which operate by squeezing a hub-mounted disc between two brake pads. Both can be operated by way of a handlebarmounted lever.

## ! WARNING:

1. Riding with improperly adjusted brakes, worn brake pads, or wheels on which the rim-wear mark is visible is dangerous and can result in serious injury or death.
2. Applying brakes too hard or too suddenly can lock up a wheel, which could cause you to lose control and fall (Fig. 12). Sudden or excessive application of the front brake may pitch the rider over the handlebars, which may result in serious injury or death.
3. Some bicycle brakes, such as disc brakes (Fig. 13) and linear-pull brakes (Fig. 14),

are extremely powerful. Take extra care in becoming familiar with these brakes and exercise particular care when using them.

## 4. Disc brakes can get extremely hot with extended use. Be careful not to touch a disc brake until it has had

 plenty of time to cool.
## 5. See the brake manufacturer's instructions for

 operation and care of your brakes, and for when brake pads must be replaced. If you do not have the manufacturer's instructions, see your dealer or contact the brake manufacturer.6. If you are replacing worn or damaged parts, use only manufacturer-approved genuine replacement parts.

## 1. Brake controls and features

It's very important to your safety that you learn and remember which brake lever controls which brake on your bike. Traditionally, in the U.S. the right brake lever controls the rear brake and the left brake lever controls the front brake; but, to check if your bike's brakes are set up this way, squeeze one brake lever and look to see which brake, front or rear, engages. Now do the same with the other brake lever.

Make sure that your hands can reach and squeeze the brake levers comfortably. If your hands are too small to operate the levers comfortably, consult your dealer before riding the bike. The lever reach may be adjustable; or you may need a different brake lever design.
Most rim brakes have some form of quick-release mechanism to

allow the brake pads to clear the tire when a wheel is removed or reinstalled. When the brake quick release is in the open position, the brakes are inoperative. Ask your dealer to make sure that you understand the way the brake quick release works on your bike (Fig. 13, $14,15)$ and check each time to make
 sure both brakes work correctly before you get on the bike.

## 2. How brakes work

The braking action of a bicycle is a function of the friction between the braking surfaces. To make sure that you have maximum friction available, keep your wheel rims and brake pads or the disc rotor and caliper clean and free of dirt, lubricants, waxes or polishes.


Brakes are designed to control your speed, not just to stop the bike. Maximum braking force for each wheel occurs at the point just before the wheel "locks up" (stops rotating) and starts to skid. Once the tire skids, you actually lose most of your stopping force and all directional control. You need to practice slowing and stopping smoothly without locking up a wheel. The technique is called progressive brake modulation. Instead of jerking the brake lever to the position where you think you'll generate appropriate braking force, squeeze the lever, progressively increasing the braking force. If you feel the wheel begin to lock up, release pressure just a little to keep the wheel rotating just short of lockup. It's important to develop a feel for the amount of brake lever pressure
required for each wheel at different speeds and on different surfaces. To better understand this, experiment a little by walking your bike and applying different amounts of pressure to each brake lever, until the wheel locks.
When you apply one or both brakes, the bike begins to slow, but your body wants to continue at the speed at which it was going. This causes a transfer of weight to the front wheel (or, under heavy braking, around the front wheel hub, which could send you flying over the handlebars).
A wheel with more weight on it will accept greater brake pressure before lockup; a wheel with less weight will lock up with less brake pressure.
So, as you apply brakes and your weight is transferred forward, you need to shift your body toward the rear of the bike, to transfer weight back on to the rear wheel; and at the same time, you need to both decrease rear braking and increase front braking force. This is even more important on descents, because descents shift weight forward.
Two keys to effective speed control and safe stopping are controlling wheel lockup and weight transfer. This weight transfer is even more pronounced if your bike has a frontsuspension fork. Front suspension "dips/compresses/dives" under braking, increasing the weight transfer (see also Section 4.F). Practice braking and weight transfer techniques where there is no traffic or other hazards and distractions.
Everything changes when you ride on loose surfaces or in wet weather. It will take longer to stop on loose surfaces or in wet weather. Tire adhesion is reduced, so the wheels have less cornering and braking traction and can lock up with less brake force. Moisture or dirt on the brake pads reduces their ability to grip. The way to maintain control on loose or wet surfaces is to go more slowly.

## D) SHIFTING GEARS

Your multi-speed bicycle will have a derailleur drivetrain.

## 1. How a derailleur drivetrain works

If your bicycle has a derailleur drivetrain, the gearchanging mechanism will have:

- a rear cassette or freewheel sprocket cluster
- a rear derailleur
- occasionally a front derailleur
- one or two shifters
- one, two or three front sprockets called chainrings
- a drive chain


## a. Shifting Gears

There are several different types and styles of shifting controls: levers, twist grips, triggers, combination shift/ brake controls and push-buttons. Ask your dealer to explain the type of shifting controls that are on your bike, and to show you how they work.
When shifting, the bicycle derailleur system design requires that the drive chain be moving forward and be under at least some tension. A derailleur will shift only if you are pedaling forward.
A CAUTION: Never move the shifter while pedaling backward, nor pedal backwards after having moved the shifter. This could jam the chain and cause serious damage to the bicycle.

## b. Shifting the Rear Derailleur

The rear derailleur is controlled by the right shifter. The function of the rear derailleur is to move the drive chain from one gear sprocket to another. The smaller sprockets on the gear cluster produce higher gear ratios. Pedaling in the higher gears requires greater pedaling effort, but takes you a greater distance with each revolution of the
pedal cranks. The larger sprockets produce lower gear ratios. Using them requires less pedaling effort, but takes you a shorter distance with each pedal crank revolution In order for the derailleur to move the chain from one sprocket to another, the rider must be pedaling forward.

## c. Shifting the Front Derailleur

The front derailleur, which is controlled by the left shifter, shifts the chain between the larger and smaller chainrings. Shifting the chain onto a smaller chainring makes pedaling easier. Shifting to a larger chainring makes pedaling harder.

## d. Which gear should I be in?

The combination of largest rear and smallest front gears [Fig. 16] is for the steepest hills. The smallest rear and largest front combination is for the greatest speed. You can begin pedaling from any gear, you do not have to ride beginning in the easiest gear. However, find the "starting gear" which is right for your level of ability - a gear which is hard enough for quick acceleration but easy enough to let you start from a stop without wobbling - and experiment with moving into harder and easier gears to get a feel for the different gear combinations. At first, practice shifting where there are no obstacles, hazards or other traffic, until you've built up your confidence. Learn not to use either the

"smallest to smallest," meaning smallest front chainring and smallest rear cog, or "largest to largest," meaning biggest-front chainring and biggest-rear cog gear gear combinations because they may cause unacceptable stress on the drivetrain. Learn to anticipate the need to shift, and shift to a lower gear before the hill gets too steep. If you have difficulties with shifting, the problem could be mechanical adjustment. See your dealer for help.

## e. What if it won't shift gears?

If moving the shift control one click, repeatedly fails to result in a smooth shift to the next gear, chances are that the mechanism is out of adjustment. Take the bike to your dealer to have it adjusted.
A WARNING: Never shift a derailleur onto the largest or the smallest sprocket if the derailleur is not shifting smoothly. The derailleur may be out of adjustment and the chain could jam, causing you to lose control and fall.

## E) PEDALS

1. Toe Overlap is when your toe can touch the front wheel when you turn the handlebars to steer while a pedal is in the forward-most position. This is common on smallframed bicycles, and is avoided by keeping the inside pedal up and the outside pedal down when turning. On any bicycle, this technique will also prevent the inside pedal from striking the ground in a turn.
NOTE: Changing tire size or pedal crank arm length affects toe overlap.
A WARNING: Toe Overlap could cause you to lose control and fall. Ask your dealer to help you determine if the combination of frame size, crank arm length, pedal design and shoes you will use results in pedal overlap. Whether you have overlap or not, you must

## keep the inside pedal up and the outside pedal down when making sharp turns.

2. Some bicycles come equipped with pedals that have sharp and potentially dangerous surfaces. These surfaces are designed to add safety by increasing adhesion between the rider's shoe and the pedal. If your bicycle has this type of high-performance pedal, you must take extra care to avoid serious injury from the pedals' sharp surfaces. Based on your riding style or skill level, you may prefer a less aggressive pedal design, or chose to ride with shin pads. Your dealer can show you a number of options and make suitable recommendations.
3. Clipless pedals (sometimes called "step-in pedals") are another means to keep feet securely in the correct position for maximum pedaling efficiency. They have a plate, called a "cleat," on the sole of the shoe, which clicks into a mating spring-loaded fixture on the pedal. They only engage or disengage with a very specific motion which must be practiced until it becomes instinctive. Clipless pedals require shoes and cleats which are compatible with the make and model pedal being used.
Please note: Kona bicycles do not arrive with clipless pedals, however we are aware that many of our customers choose to use them, and it is not outside the intent of the bicycle.
However, please note that if you choose to use clipless pedals, it is your own decision and you accept the additional inherent risks involved and associated with riding with clipless pedals.
Many clipless pedals are designed to allow the rider to adjust the amount of force needed to engage or disengage the foot. Follow the pedal manufacturer's instructions, or ask your dealer to show you how to make this adjustment. Use the easiest setting until engaging
and disengaging becomes a reflex action, but always make sure that there is sufficient tension to prevent unintended release of your foot from the pedal.
A WARNING: clipless pedals are intended for use with shoes specifically made to fit them and are designed to firmly keep the foot engaged with the pedal. Do not use shoes which do not engage the pedals correctly.
Practice is required to learn to engage and disengage the foot safely. Until engaging and disengaging the foot becomes a reflex action, the technique requires concentration which can distract the rider's attention, causing the rider to lose control and fall. Practice engaging and disengaging clipless pedals in a place where there are no obstacles, hazards or traffic; and be sure to follow the pedal manufacturer's setup and service instructions. If you do not have the manufacturer's instructions, see your dealer or contact the manufacturer.

## F) BICYCLE SUSPENSION

Many bicycles are equipped with suspension systems. There are many different types of suspension systems - too many to deal with individually in this Manual. If your bicycle has a suspension system of any kind, be sure to read and follow the suspension manufacturer's setup and service instructions. If you do not have the manufacturer's instructions, see your dealer or contact the manufacturer.
A WARNING: Failure to maintain, check and properly adjust the suspension system may result in suspension malfunction, which may cause you to lose control and fall.
If your bike has suspension, the increased speed you may develop also increases your risk of injury. For example,
when braking, the front of a suspended bike dips, compresses or dives. You could lose control and fall if you do not have experience with this system. Learn to handle your suspension system safely [see also Section 4.F].
d WARNING: Changing suspension adjustment can change the handling and braking characteristics of your bicycle. Never change suspension adjustment unless you are thoroughly familiar with the suspension system manufacturer's instructions and recommendations, and always check for changes in the handling and braking characteristics of the bicycle after a suspension adjustment by taking a careful test ride in a hazard-free area.
Suspension can increase control and comfort by allowing the wheels to better follow the terrain. This enhanced capability may allow you to ride faster; but you must not confuse the enhanced capabilities of the bicycle with your own capabilities as a rider. Increasing your skill will take time and practice. Proceed carefully until you have learned to handle the full capabilities of your bike.

WARNING: Not all bicycles can be safely retrofitted with some types of suspension systems. Before retrofitting the suspension of any Kona bicycle, check with Kona to make sure that what you want to do is compatible with the bicycle's design, and whether the warranty will be voided. Failing to do so can result in catastrophic frame failure.

## G) SERVICE NOTES FOR KONA FULL SUSPENSION

Contaminated bearings can rust \& seize, and cause frame damage. Additionally, worn-out bearings can create additional, or unecessary linkage movement or "play" and may also cause frame damage. Regularly inspect the bearings and make sure that they allow the linkage to move freely.

It is best to take your full-suspension bike to a bike shop to have its linkage, rear shock, and suspension fork inspected periodically. Suspension manufacturer recommended service intervals vary from brand to brand.

However, most fork manufacturers recommend having the lowers serviced: often cleaning, replacing seals and replacing fluid, every 20-50 hours of ride time, and based on performance preferences and severity of your riding environment. Roughly every 100 hours of riding, many manufacturers recommend a full fork overhaul, including servicing the damper.

Rear suspension service recommendations vary brand to brand as well, but generally involve 40-60 hour recommendations for minor services including new seals, fluid and cleaning for air shocks, and often closer to 100 hour ride time service intervals for coil shocks.
Please follow the suspension manufacturer recommended guidelines for your suspension fork and rear shock service intervals.
A WARNING: Failure to adhere to suspension service intervals may void your suspension fork manufacturer or rear shock manufacturer's warranty.

WARNING: Failure to service or regularly service your suspension can lead to a loss of performance, excessive wear, and may result in unsafe suspension that could cause loss of control or even death.

## H) TIRES AND TUBES

1. TIRES: Bicycle tires are available in many designs and specifications, ranging from general-purpose designs to tires designed to perform best under very specific weather or terrain conditions. If, once you've gained experience with your new bike, you feel that a different tire might
better suit your riding needs, your dealer can help you select the most appropriate design.
The size, pressure rating, and on some highperformance tires, the specific recommended use, are marked on the sidewall of the tire [see Fig. 17]. The part of this information which is most important to you is Tire Pressure. But some wheel rim manufacturers also specify


Fig. 17 maximum tire pressure with a label on the rim.
A WARNING: There is a safety risk in using gas station air hoses or other air compressors. They are not made for bicycle tires. They move a large volume of air very rapidly, and will raise the pressure in your tire very rapidly, which could cause the tube to explode.

The best and safest way to inflate a bicycle tire to the correct pressure is with a bicycle pump which has a built-in pressure gauge.
A CAUTION: Pencil type automotive tire gauges can be inaccurate and should not be relied upon for consistent, accurate pressure readings. Instead, use a high quality dial or digital gauge.

Tire pressure is given either as maximum pressure or as a pressure range. How a tire performs under different terrain or weather conditions depends largely
on tire pressure. Inflating the tire to near its maximum recommended pressure can help prevent pinch flats (punctures caused by the tire compressing the inner tube against the rim), but also produces the harshest ride. High pressures work best on smooth, dry pavement.
Very low pressures, at the bottom of the recommended pressure range, give the best performance on smooth, slick terrain such as hard-packed clay, and on deep, loose surfaces such as deep, dry sand. Low pressures can also provide enhanced traction and/or a smoother ride sensation over technical mountain bike trails.

Tire pressure that is too low for your weight and the riding conditions can cause a puncture of the tube by allowing the tire to deform sufficiently to pinch the inner tube between the rim and the riding surface, referred to as a "pinch flat" above. This may also result in rim damage.
A warning: Never inflate a tire beyond the maximum pressure marked on the tire's sidewall or the wheel rim. If the maximum pressure rating for the wheel rim is lower than the maximum pressure shown on the tire, always use the lower rating. Exceeding the recommended maximum pressure may blow the tire off the rim, which could cause damage to the bike and injury to the rider and bystanders.

WARNING: Never ride a tire inflated below the minimum pressure marked on the tire's sidewall. Tire pressure below the minimum may cause a flat tire and/or the tire to detach from the rim while riding, resulting in a loss of control or crash causing serious injury or death, as well as damage to the tire, tube, and/or wheel rim.

Ask your dealer to recommend the best tire pressure for the kind of riding you will most often do, and have the
dealer inflate your tires to that pressure．Then，check inflation as described in Section 1．C so you＇ll know how correctly inflated tires should look and feel when you don＇t have access to a gauge．Some tires may need to be brought up to pressure every week or two，so it is important to check your tire pressures before every ride．
Some special high－performance tires have unidirectional treads：their tread pattern is designed to work better in one direction than in the other．The sidewall marking of a unidirectional tire will have an arrow showing the correct rotation direction（See Fig．17）．If your bike has unidirectional tires，be sure that they are mounted to rotate in the correct direction．
A note on tubeless：Many of our bikes arrive with tubeless－compatible rims and tubeless－ready tires．Most of us here at Kona are believers in running tubeless as it can greatly reduce the chance of getting a pinch flat， allows for lower overall tire pressures，creates more traction and a smoother riding sensation．However， tubeless is not for everyone and while we＇ve chosen tubeless ready tires and tubeless compatible rims that we find work well，tubeless setup can prove to be challenging and frustrating for some people，and it requires monitoring your tire pressure more frequently．
We recommend you discuss the merits and drawbacks of tubeless with your dealer，and also double check with your dealer that both your rims，and your tires， are designed to be set up tubeless．

2．TUBELESS RIMS AND TIRES：Some bicycles come equipped with rims（the circular，outermost portion of the wheel to which the tire is mounted）and tires that can be set up without the use of an inner tube．Tubeless rims and tires have special rim and tire bead profiles that form a seal and retain air when properly mounted．Tubeless rims come in
a variety of styles and may require additional components such as a rim tape，valve cores，sealant and tubeless－ compatible tires to complete the tubeless setup．The rim manufacturer may identify the rims as＂tubeless compatible＂ or＂tubeless ready＂depending on which components are required．If you choose to utilize the tubeless features of your rims，carefully review the rim manufacturer＇s instructions regarding what additional components you need to convert to or maintain a tubeless setup．

Tubeless rims have a wide range of profiles that can affect the type of tubeless tire that can be mounted to the rim． For example，your rim manufacturer may refer to the rim profile as＂hooked＂or＂hookless＂depending on whether there is a hook protruding on the inside of the rim． Likewise，the bead profile of tubeless tires differs between tire manufacturers．Given the wide range of tubeless tires and rims available，the compatibility of tubeless tires with different types of tubeless rims varies significantly．If you choose to run a tubeless setup，make sure the tires and rims are compatible．Only use tubeless tires that have been approved by the rim manufacturer or tire manufacturer for use on your rims．If you have questions about tubeless tire and rim compatibility，talk to your local dealer．
Mounting tubeless tires on a tubeless rim requires specialized knowledge，skills，and equipment．A tubeless setup may require the installation of additional components，including rim tape，valve cores，and sealant． Carefully review the instructions from both the rim and tire manufacturer regarding how to set up tubeless tires before attempting to do so．If you have any concerns about properly setting up your rims and tires to run as a tubeless setup，ask your local dealer to mount the tires for you．

[^1]combination can cause the tire to unexpectedly lose pressure and detach from the rim, resulting in a crash causing serious injury or death. Ensure the components are compatible according to the component manufacturers before installation.
A
CAUTION: During installation, an incompatible or damaged tubeless tire and rim combination can cause the tire to unexpectedly lose pressure and tire sealant and detach from the rim, resulting in damage to the wheel or other components, and may injure the installer. Use of eye and ear protection is recommended. Ensure the components are compatible according to the component manufacturers before installation.
3. TIRE AND RIM WIDTH/DIAMETER: Wheel rims and tires come in a wide range of diameters (Fig. 18) and widths (Fig. 19). The nominal diameter of the rim (A) must match the nominal diameter of the tire (B), and the width of the rim (C) must be compatible with the width of the tire (D).
Always follow the rim and tire manufacturer's recommendations concerning tire models and sizes that are compatible with your specific rims.
A. WARNING: Failure to use a compatible tire and rim combination can cause the tire to unexpectedly lose pressure and detach from the rim, resulting in a crash causing serious injury or death. Ensure

Fig. 18

the components are compatible according to the component manufacturers before installation.
4. TIRE CLEARANCE: The diameter and width of the original equipment wheels and tires on your bicycle have been selected to ensure they provide adequate clearance between the rotating tire and wheel, and the frame, fork, or other components. Any change to your wheels or tires can affect this clearance.
Tires that are marked as being the same size may have different widths when installed, properly inflated and mounted on your bike. Always verify your tire clearance with the tires mounted and fully inflated even if the replacement tires are marked as being the same size as the tires that are being replaced.
Minimum clearance between a properly inflated tire and any part of the bike typically should be at least 6mm (Fig. 20a \& 20b). Some regulations allow for clearance as low as 1.6 mm . Please refer to your local dealer or your bike manufacturer for additional information about tire clearance.
Always maintain enough clearance between the rotating tire and rim (Fig. 20a \& 20b), and the frame, fork, or other components.


## components on your bicycle, particularly fenders, these

 products may require additional clearance between the tire/wheel and the accessory or component. You should verify the required clearance for any accessory or component mounted on your bicycle with the manufacturer, and do not use the product if the specified clearance cannot be maintained. For additional information on changing components or adding accessories, see section 2.G.WARNING: Any accessory or component attached to, on or near a rotating wheel poses a risk of contacting or stopping the wheel, leading to a crash resulting in serious injury or death. Before every ride check to ensure that all such accessories and components, and the fasteners used to attach them, are securely mounted to your bicycle.

A
WARNING: Any object that unexpectedly and abruptly stops the rotation of the front wheel can cause the bike and rider to pitch forward (Fig. 2), which can result in serious injury or death.
5. TIRE VALVES: There are primarily two kinds of bicycle tire valves: The Schrader Valve and the Presta Valve. The bicycle pump you use must have the fitting appropriate to the valve stems on your bicycle.
The Schrader valve [Fig. 21a] is like the valve on a car tire. To inflate a Schrader valve tire remove the valve cap and clamp the pump fitting onto the end of the valve stem. To let air out of a Schrader valve, depress the pin in the end of the valve stem with the end of a key or other appropriate object.
The Presta valve [Fig. 21b] has a narrower diameter and is only found on bicycle tires. To inflate a Presta valve tube using a Presta headed bicycle pump, remove the valve cap; unscrew (counterclockwise) the valve stem lock nut; and push down on the valve stem to free it up. Then push the pump head on


Fig. 21a


Fig. 21b to the valve head, and inflate. To inflate a Presta valve with a Schrader pump fitting, you'll need a Presta adapter (available at your bike shop) which screws on to the valve stem once you've freed up the valve. The adapter fits into the Schrader pump fitting. Close the valve after inflation. To let air out of a Presta valve, open up the valve stem lock nut and depress the valve stem.
A WARNING: We highly recommend that you carry a spare inner tube when you ride your bike. Patching a tube is an emergency repair. If you do not apply the patch correctly or apply several patches, the tube can fail, resulting in possible tube failure, which could cause
you to lose control and fall. Replace a patched tube as soon as possible.

## 5. SERVICE

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WARNING: Technological advances have made bicycles and bicycle components more complex, and the pace of innovation is increasing. It is impossible for this manual to provide all the information required to properly repair and/or maintain your bicycle. In order to help minimize the chances of an accident and possible injury, it is critical that you have any repair or maintenance which is not specifically described in this manual performed by your dealer. Equally important is that your individual maintenance requirements will be determined by everything from your riding style to geographic location. Consult your dealer for help in determining your maintenance requirements.

WARNING: Many bicycle service and repair tasks require special knowledge and tools. Do not begin any adjustments or service on your bicycle without learning from your dealer how to properly complete them. Improper adjustment or service may result in damage to the bicycle or could cause an accident which can cause serious injury or death.
If you want to learn to do major service and repair work on your bike, you have three options:

1. Ask your dealer for copies of the manufacturer's installation and service instructions for the components on your bike, or contact the component manufacturer.
2. Ask your dealer to recommend a book on bicycle repair. 3. Ask your dealer about the availability of bicycle repair courses in your area.
Regardless of which option you select, we recommend that you ask your dealer to check the quality of your work the
first time you work on something and before you ride the bike, just to make sure that you did everything correctly. Since that will require the time of a mechanic, there may be a modest charge for this service. We also recommend that you ask your dealer for guidance on which spare parts, such as tires, inner tubes, brake pads, chain links or pins, light bulbs, batteries, patch kit, lubricants, etc. are appropriate for you to keep as spares once you have learned how to replace such parts when they require replacement.

## A) SERVICE INTERVALS

Some service and maintenance can and should be performed by the owner, and require no special tools or knowledge beyond what is presented in this manual.
The following are examples of the type of service you should perform yourself. All other service, maintenance and repair should be performed in a properly equipped facility by a qualified bicycle mechanic using the correct tools and procedures specified by the manufacturer.

1. Break-in Period: Your bike will last longer and work better if you break it in before riding it hard. Control cables and wheel spokes may stretch or "seat" when a new bike is first used and may require readjustment by your dealer. Your Mechanical Safety Check [Section 1.C] will help you identify some things that need readjustment. But even if everything seems fine to you, it's best to take your bike back to the dealer for a checkup. Dealers typically suggest you bring the bike in for a 30-day checkup. Another way to judge when it's time for the first checkup is to bring the bike in after three to five hours of hard off-road use, or about 10 to 15 hours of on-road or more casual off-road use. But if you think something is wrong with the bike, take it to your dealer before riding it again.
2. Before every ride: Mechanical Safety Check [Section 1.C]
3. After every long or hard ride; if the bike has been exposed to water or grit; or at least every 100 miles/160km: Clean the bike and lightly lubricate the chain's rollers with a good quality bicycle chain lubricant. Wipe off excess lubricant with a lint-free cloth. Lubrication is a function of climate. Talk to your dealer about the best lubricants and the recommended lubrication frequency for your area.

## 4. After every long or hard ride or after every 10 to

 20 hours of riding:- Squeeze the front brake and rock the bike forward and back. Everything feel solid? If you feel a clunk with each forward or backward movement of the bike, you probably have a loose headset. Have your dealer check it.
- Lift the front wheel off the ground and swing it from side to side. Feel smooth? If you feel any binding or roughness in the steering, you may have a tight headset. Have your dealer check it.
- Grab one pedal and rock it toward and away from the centerline of the bike; then do the same with the other pedal. Anything feel loose? If so, have your dealer check it.
- Take a look at the brake pads. Are they starting to look worn or not hitting the wheel rim squarely? Time to have the dealer adjust or replace them.
- Carefully check the control cables and cable housings. Any rust? Kinks? Fraying? If so, have your dealer replace them.
- Squeeze each adjoining pair of spokes on either side of each wheel between your thumb and index finger. Do they all feel about the same? If any feel loose, have your dealer check the wheel for tension and trueness.
- Check the tires for excess wear, cuts or bruises. Have your dealer replace them if necessary.
- Check the wheel rims for excess wear, dings, dents and scratches. Consult your dealer if you see any rim damage.
- Check to make sure that all parts and accessories are still secure, and tighten any which are not.
- Check the frame, particularly in the area around all tube joints; the handlebars; the stem; and the seatpost for any deep scratches, cracks or discoloration. These are signs of stress-caused fatigue and indicate that a part is at the end of its useful life and needs to be replaced. See also Appen$\operatorname{dix} A[p, 37]$.


## 5. Disc brakes require a different set of inspection steps.

 Check for these issues before every ride:- Pads rubbing on rotors.
- Worn-out pads (which can lead to over-extended pistons).
- Pistons that are stuck and/or won't retract fully.
- Disc rotors that are bent and need straightening by the dealer.
- Hydraulic brakes that feel "sponge-y" and/or levers that can be depressed all the way to the grips w/o generating adequate stopping power (due to trapped air and/or leaks).

A WARNING: Like any mechanical device, a bicycle and its components are subject to wear and stress. Different materials and mechanisms wear or fatigue from stress at different rates and have different life cycles. If a component's life cycle is exceeded, the component can suddenly and catastrophically fail, causing serious injury or death to the rider. Scratches, cracks, fraying and discoloration are signs of stress-caused fatigue and indicate that a part is at the end of its useful life and needs to be replaced. While the materials and workmanship of your bicycle or of individual components may be covered by a warranty for a specified period of time by the manufacturer, this is no guarantee that the
product will last the term of the warranty. Product life is often related to the kind of riding you do and to the treatment to which you submit the bicycle. The bicycle's warranty is not meant to suggest that the bicycle cannot be broken or will last forever. It only means that the bicycle is covered subject to the terms of the warranty. Please be sure to read Appendix A, Intended Use of your bicycle and Appendix B, The lifespan of your bike and its components, starting on page 37.
6. As required: If either brake lever fails the Mechanical Safety Check [Section 1.C], don't ride the bike. Have your dealer check the brakes. If the chain won't shift smoothly and quietly from gear to gear, the derailleur is out of adjustment. See your dealer.
7. Every 25 (hard off-road) to 50 (on-road) hours of riding: Take your bike to your dealer for a complete checkup.

## B) IF YOUR BICYCLE SUSTAINS AN IMPACT

First, check yourself for injuries, and take care of them as best you can. Seek medical help if necessary.
Next, check your bike for damage. After any crash, take your bike to your dealer for a thorough check. Carbon composite components, including fames, wheels, handlebars, stems, cranksets, brakes, etc. which have sustained an impact must not be ridden until they have been disassembled and thoroughly inspected by a qualified mechanic. See also Appendix B, Lifespan of Your Bike and its Components [p. 40].
A WARNING: A crash or other impact can put extraordinary stress on bicycle components, causing them to fatigue prematurely. Components suffering from stress fatigue can fail suddenly and catastrophically, causing loss of control, serious injury or death.

## 6. ABOUT YOUR KONA DEALER

Your dealer is here to help you get the bike and accessories which are most appropriate for the kind of riding that you intend to do; and to help you maintain your equipment so that you can get the maximum enjoyment from it. Your bike shop's staff has the knowledge, tools and experience to give you reliable advice and competent service. Your dealer carries the products of a variety of manufacturers so that you can have the choices which best meet your needs and your budget.
But your dealer's staff can't make decisions for you; nor can they assume responsibility for your lack of knowledge, experience, skill or common sense. They can explain to you how something works, or what part or accessory will meet your special needs, but they can't know your questions or your needs unless you tell them.
If you have a problem with your bike or your riding, talk to your dealer. Make sure that the dealer understands your problem or question, and make sure that you really understand the answers.

## A) COMFORT \& PERFORMANCE ACCESSORIES

Once the bike fit (frame size, saddle position and angle, stem length and rise) is correct, the saddle becomes the single most important comfort accessory.
The comfort of a bicycle saddle depends much more on how the saddle shape relates to the rider's body than on the thickness or material of the padding. Bicycle manufacturers select a saddle shape based on their best guess of what's likely to be comfortable for most buyers of that particular bicycle model. But that doesn't mean it's going to be the most comfortable shape for you. That's why your dealer pockets in the back, so that the things you carry don't bang around when you ride. Many are made of special materials with properties that improve riding comfort and performance.
It's important to drink plenty of liquids before and during exercise. A water bottle is an essential companion on a longer ride.
Your dealer has many other comfort and performance accessories that can increase your cycling enjoyment.

## KONAWORLD WEBSITE

If you have further Technical questions, contact us by e-mail at tech@konaworld.com. The KonaWorld web site is located at: konaworld.com

## 7. LIMITED WARRANTY

Kona Bicycle Company ( "Kona" ) makes the following limited Warranty:

## ONE YEAR LIMITED WARRANTY ON COMPLETE BICYCLE (USA, CANADA \& UK)

Kona warrants to the original owner that this new Kona bicycle shall be free of defective materials and workmanship for a period of one year from the date of original purchase in the USA, Canada, or UK and operated under normal conditions and use. During this one-year period, Kona shall repair or replace, at its sole option, all parts that are found by Kona to be defective and subject to this limited warranty. The original owner shall pay all labor charges connected with the repair or replacement of all parts. On Kona electric pedal-assist bikes, the electronic system is covered by a two-year warranty, whereby accidents or consumer mistakes like shorting polarity are not covered. Warranty on the battery is for one year, at the end of that period, the battery is guaranteed to retain at least $70 \%$ of its original capacity.
TWO YEAR LIMITED WARRANTY ON COMPLETE BICYCLE (EUROPE)
Kona warrants to the original owner that this newly purchased Kona bicycle shall be free of defective materials and workmanship for the two-year period stated under EU consumer protection laws, dated from the original purchase and subject to normal conditions and use. During this two-year period, Kona shall repair or replace, at its sole option, all parts that are found by Kona to be defective and therein subject to this limited warranty.

## THREE YEAR LIMITED WARRANTY ON KONA BRANDED BICYCLE FORKS.

## LIFETIME LIMITED WARRANTY ON BICYCLE FRAME (USA, CANADA, UK \& EUROPE ONLY)*

(*This is valid on all non-carbon Kona bicycle frames. CARBON FRAMES receive 3 -year warranty.) Kona further warrants to the original owner that the frame of this new Kona bicycle purchased from an authorized Kona dealer shall be free of defective materials or workmanship for the lifetime of the product. This is ONLY VALID ON NON-CARBON FRAMES. During this warranty period, Kona shall repair or replace, at its sole option, the bicycle frame if Kona determines the frame is defective and subject to this limited warranty.

The color on the warranty frame may vary from the color of the original frame. The original owner shall pay all labor and shipping charges connected with the repair or replacement of the bicycle frame. This warranty is only valid in the USA, Canada, UK, and Europe.

## GENERAL PROVISIONS

This limited warranty is made only to the original owner of this Kona bicycle purchased from an authorized Kona dealer, and it shall remain in force only as long as the original owner retains ownership of the Kona bicycle. This limited warranty is not transferable. In order to obtain service under this Limited Warranty, the original owner must deliver the Kona bicycle, and the bill of sale or other dated proof of purchase document identifying the Kona bicycle by frame number/serial number, to an authorized Kona dealer. This Limited Warranty does not apply to normal wear and tear, nor to defects, malfunctions or failures that result from the abuse, neglect, improper maintenance, alteration, modification, accident, or misuse (including without limitation bicycle racing, bicycle motocross, stunt bicycling, commercial use or rental use) of the Kona bicycle. Damage caused by transporting bicycle, especially across the tailgate of a pickup truck even when a pad is used - voids warranty.
this Limited warranty is the only express or limited warranty applicabLE TO KONA BICYCLES. ANY IMPLIED WARRANTIES, INCLUDING WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE, SHALL BE LIMITED in Scope and duration in accordance with this limited warranty. kona shall not be responsible for any direct, incidental, consequential or EXEMPLARY DAMAGES SUFFERED BY ANY PARTY. THE FOREGOING STATEMENTS OF WARRANTY ARE EXCLUSIVE AND IN LIEU OF ALL OTHER REMEDIES.

THIS LIMITED WARRANTY GIVES YOU SPECIFIC LEGAL RIGHTS; YOU MAY ALSO have other legal rights which vary from state to state or province to PROVINCE. SOME STATES OR PROVINCES DO NOT ALLOW LIMITATIONS OR EXCLUSION OF INCIDENTAL OR CONSEQUENTIAL DAMAGES; SO, THE ABOVE LIMITATIONS and EXCLUSIONS SET FORTH IN THIS LIMITED WARRANTY MAY NOT APPLY TO YOU.

THE LIMITED WARRANTY SET FORTH HEREIN MAY NOT BE EXTENDED, ENLARGED OR OTHERWISE MODIFIED BY ANY KONA DEALER, AGENT OR EMPLOYEE, AND KONA DOES NOT ASSUME ANY LIABILITY OR MAKE ANY WARRANTY EXCEPT AS stated in the limited warranty.

WARRANTY ONLY APPLIES IN USA, CANADA, UK AND EUROPE. PLEASE SEE YOUR DEALER OR DISTRIBUTOR FOR THE SPECIFIC WARRANTY IN YOUR COUNTRY. WARRANTY VALID ONLY IF BICYCLE IS ASSEMBLED BY AN AUTHORIZED KONA DEALER.

## Appendix A

Intended Use of Your Bicycle

## A WARNING: Understand your bike and its intended use. Choosing the wrong bicycle for your purpose can be hazardous. Using your bike the wrong way is dangerous.

No one type of bicycle is suited for all purposes. Your retailer can help you pick the "right tool for the job" and help you understand its limitations. There are many types of bicycles and many variations within each type. There are many types of mountain, road, racing, hybrid, touring, cyclocross and tandem bicycles.
There are also bicycles that mix features. For example, there are road/racing bikes with triple cranks. These bikes have the low gearing of a touring bike, the quick handling of a racing bike, but are not well suited for carrying heavy loads on a tour. For that purpose you want a touring bike.
Within each type of bicycle, one can optimize for certain purposes. Visit your bicycle shop and find someone with expertise in the area that interests you.
Do your own homework. Seemingly small changes such as the choice of tires can improve or diminish the performance of a bicycle for a certain purpose.
On the following pages, we generally outline the intended uses of various types of bikes.
Industry usage conditions are generalized and evolving. Consult your dealer about how you intend to use your bike.

## General Purpose and Smooth Mixed Terrain Riding CONDITION 2

Bikes designed for riding Condition 1 (on paved roads only), plus smooth gravel roads and improved trails with moderate grades where the tires do not lose ground contact.
INTENDED For paved roads, gravel or dirt roads that are in good condition, and bike paths. NOT INTENDED For off-road or mountain bike use, or for any kind of jumping. Some of these bikes have suspension features, but these features are designed to add comfort, not off-road capability. Some come with relatively wide tires that are well suited to gravel or dirt paths. Some come with relatively narrow tires that are best suited to faster riding on pavement. If you ride on gravel or dirt paths, carry heavier loads or want more tire durability, talk to your dealer about wider tires and ensure that you have adequate clearance between your tire and frame/fork.
Libre, Sutra, Sutra SE, Rove LTD, Rove DL, Rove, Rove AL 700, Rove AL 650, Rove NRB, Rove AL/DL, Dr Dew, Dew DL, Dew Plus, Dew, Coco, Splice, Libre EL, Rove HD, Dew-E DL, Dew-E, Dew HD, Ecoco DL, Ecoco, Coco HD


## Cross-Country, Marathon, Hardtails CONDITION 3

Bikes designed for riding Conditions 1 and 2, plus rough trails, small obstacles, and smooth technical areas, including areas where momentary loss of tire contact with the ground may occur. NOT jumping. All mountain bikes without rear suspension are Condition 3, and so are some lightweight rear suspension models.
INTENDED For cross-country riding and racing which ranges from mild to aggressive over intermediate terrain (e.g., hilly with small obstacles like roots, rocks, loose surfaces and hard pack and depressions). Cross-country and marathon equipment (tires, shocks, frames, drive trains) are lightweight, favoring nimble speed over brute force. Suspension travel is relatively short since the bike is intended to move quickly on the ground.
NOT INTENDED For Hardcore Freeriding, Extreme Downhill, Dirt Jumping, Slopestyle, or very aggressive or extreme riding. No spending time in the air landing hard and hammering through obstacles.
TRADE OFF Cross-Country bikes are lighter, faster to ride uphill, and more nimble than All-Mountain bikes. CrossCountry and Marathon bikes trade off some ruggedness for pedalling efficiency and uphill speed.

> Hei Hei CR/DL, Hei Hei CR, Hei Hei, Kahuna DL, Kahuna, Mahuna, Lava Dome, Unit X, Unit, Cinder Cone, Fire Mountain, Lana'i, Woo, Wo, Hula, Makena, El Kahuna, EI Kahuna SUV, Sutra LTD


## All Mountain

 CONDITION 4Bikes designed for riding Conditions 1, 2, and 3 , plus rough technical areas, moderately sized obstacles, and small jumps.
INTENDED For trail and uphill riding. All-Mountain bicycles are: (1) more heavy duty than cross country bikes, but less heavy duty than Freeride bikes, (2) lighter and more nimble than Freeride bikes,
(3) heavier and have more suspension travel than a cross country bike, allowing them to be ridden in more difficult terrain, over larger obstacles and moderate jumps,
(4) intermediate in suspension travel and use components that fit the intermediate intended use, (5) cover a fairly wide range of intended use, and within this range are models that are more or less heavy duty. Talk to your retailer about your needs and these models.
NOT INTENDED For use in extreme forms of jumping/riding such as hardcore mountain, Freeriding, Downhill, North Shore, Dirt Jumping, Hucking etc. No large drop offs, jumps or launches (wooden structures, dirt embankments) requiring long suspension travel or heavy duty components; and no spending time in the air landing hard and hammering through obstacles. TRADE OFF All-Mountain bikes are more rugged than cross country bikes, for riding more difficult terrain. All-Mountain bikes are heavier and harder to ride uphill than cross country bikes. All-Mountain bikes are lighter, more nimble and easier to ride uphill than Freeride bikes. All-Mountain bikes are not as rugged as Freeride bikes and must not be used for more extreme riding and terrain.

Process X CR/DL, Process X CR, Process 153 CR/DL, Process 153 CR, Process 153 DL 29, Process 153 29, Process 153 27.5, Process 134 DL 29, Process 134 29, Process 134 DL 27.5, Process 134 27.5, Honzo ESD,

Honzo DL, Honzo, Honzo ST (Frame Only), Big Honzo DL, Big Honzo, Process 24, Honzo 24, Honzo 20, Remote 160, Remote 130, Remote


## Dirt Jump

## CONDITION 5

Bikes designed for jumping, hucking, high speeds, or aggressive riding on rougher surfaces, or landing on flat surfaces. However, this type of riding is extremely hazardous and puts unpredictable forces on a bicycle which may overload the frame, fork, or parts. If you choose to ride in Condition 5 terrain, you should take appropriate safety precautions such as more frequent bike inspections and replacement of equipment. You should also wear comprehensive safety equipment such as a full-face helmet, pads, and body armor.
INTENDED For man-made dirt jumps, ramps, skate parks other predictable obstacles and terrain where riders need and use skill and bike control, rather than suspension. Dirt Jumping bikes are used much like heavy duty BMX bikes. A Dirt Jumping bike does not give you skills to jump. Read Section 2. F, p. 10.
NOT INTENDED For terrain, drop offs or landings where large amounts of suspension travel are needed to help absorb the shock of landing and help maintain control. TRADE OFF Dirt Jumping bikes are lighter and more nimble than Freeride bikes, but they have no rear suspension and the suspension travel in the front is much shorter.

## Shonky

## Appendix B

The Lifespan of Your Bike and its Components

## 1. Nothing Lasts Forever, Including Your Bike

When the useful life of your bike or its components is over, continued use is hazardous.

Every bicycle and its component parts have a finite, limited useful life. The length of that life will vary with the construction and materials used in the frame and components; the maintenance and care the frame and components receive over their life; and the type and amount of use to which the frame and components are subjected. Use in competitive events, trick riding, ramp riding, jumping, aggressive riding, riding on severe terrain, riding in severe climates, riding with heavy loads, commercial activities and other types of non-standard use can dramatically shorten the life of the frame and components. Any one or a combination of these conditions may result in an unpredictable failure.
All aspects of use being identical, lightweight bicycles and their components will usually have a shorter life than heavier bicycles and their components. In selecting a lightweight bicycle or components you are making a tradeoff, favoring the higher performance that comes with lighter weight over longevity. So, If you choose lightweight, high-performance equipment, be sure to have it inspected frequently.
You should have your bicycle and its components checked periodically by your dealer for indicators of stress and/or potential failure, including cracks, deformation, corrosion, paint peeling, dents, and any other indicators of potential problems, inappropriate use or abuse. These are important safety checks and very important to help prevent accidents, bodily injury to the rider and shortened product life.

## 2. Perspective

Today's high-performance bicycles require frequent and careful inspection and service. In this Appendix we try to explain some underlying material science basics and how they relate to your bicycle. We discuss some of the trade-offs made in designing your bicycle and what you can expect from your bicycle; and we provide important, basic guidelines on how to maintain and inspect it. We cannot teach you everything you need to know to properly inspect and service your bicycle; and that is why we repeatedly urge you to take your bicycle to your dealer for professional care and attention.
A WARNING: Frequent inspection of your bike is important to your safety. Follow the Mechanical Safety Check in Section 1.C of this Manual before every ride. Periodic, more detailed inspection of your bicycle is important. How often this more detailed inspection is needed depends upon you. You, the rider/owner, have control and knowledge of how often you use your bike, how hard you use it and where you use it. Because your dealer cannot track your use, you must take responsibility for periodically bringing your bike to your dealer for inspection and service. Your dealer will help you decide what frequency of inspection and service is appropriate for how and where you use your bike. For your safety, understanding and communication with your dealer, we urge you to read this Appendix in its entirety. The materials used to make your bike determine how and how frequently to inspect. Ignoring this WARNING can lead to frame, fork or other component failure, which can result in serious injury or death.

## A) UNDERSTANDING METALS

Steel is the traditional material for building bicycle frames. It has good characteristics, but in high-performance
bicycles, steel has been largely replaced by aluminum and occasionally titanium. The main factor driving this change is interest by cycling enthusiasts in lighter bicycles.

## Properties of Metals

Please understand that there is no simple statement that can be made that characterizes the use of different metals for bicycles. What is true is how the metal chosen is applied is much more important than the material alone. It's important to consider how the bike is designed, tested, manufactured, and supported along with the characteristics of the metal rather than seeking a simplistic answer.
Metals vary widely in their resistance to corrosion. Steel must be protected or rust will attack it. Aluminum and titanium quickly develop an oxide film that protects the metal from further corrosion. Both are therefore quite resistant to corrosion. Aluminum is not perfectly corrosion resistant, and particular care must be used where it contacts other metals and galvanic corrosion can occur.
Metals are comparatively ductile. Ductile means bending, buckling and stretching before breaking. Generally speaking, of the common bicycle frame building materials, steel is the most ductile, titanium less ductile, followed by aluminum.
Metals vary in density. Density is weight per unit of material. Steel weighs $7.8 \mathrm{grams} / \mathrm{cm}^{3}$ (grams per cubic centimeter), titanium 4.5 grams $/ \mathrm{cm}^{3}$, aluminum 2.75 grams/ $\mathrm{cm}^{3}$. Contrast these numbers with carbon fiber composite at 1.45 grams $/ \mathrm{cm}^{3}$.
Metals are subject to fatigue. With enough cycles of use, at high enough loads, metals will eventually develop cracks that lead to failure. It is very important that you read the section following this one, titled "The Basics of Metal Fatigue."

Let's say you hit a curb, ditch, rock, car, another cyclist or other object. At any speed above a fast walk, your body will continue to move forward, the momentum carrying you over the front of the bike. You cannot and will not stay on the bike, and what happens to the frame, fork and other components is irrelevant to what happens to your body.
What should you expect from your metal frame? It depends on many complex factors, which is why we tell you that crashworthiness cannot be a design criteria. With that important note, we can tell you that if the impact is hard enough, the fork or frame may be bent or buckled. On a steel bike, the steel fork may be severely bent and the frame undamaged. Aluminum is less ductile than steel, but you can expect the fork and frame to be bent or buckled. Hit harder and the top tube may be broken in tension and the down tube buckled. Hit even harder still and the top tube may be broken, the down tube buckled and broken, leaving the head tube and fork separated from the main triangle.
When a metal bike crashes, you will usually see some evidence of this ductility in bent, buckled or folded metal.

It is now common for the main frame to be made of metal and the fork of carbon fiber. See Section B, Understanding Composites below. The relative ductility of metals and the lack of ductility of carbon fiber means that in a crash scenario you can expect some bending or bucking in the metal but none in the carbon. Below a certain load the carbon fork may be intact even though the frame is damaged. Above a certain load the carbon fork will be completely broken.

## The Basics of Metal Fatigue

Common sense tells us that nothing that is used lasts forever. The more you use something, and the harder you use it, and weight. Any structure that must be light and strong will have a
finite fatigue life. Aircraft, race cars, motorcycles all have parts with finite fatigue lives. If you wanted a bicycle with an infinite fatigue life, it would weigh far more than any bicycle sold today. So we all make a tradeoff: the wonderful, lightweight
performance we want requires that we inspect the structure. today. So we all make a tradeoff: the wonderful, lightweight
performance we want requires that we inspect the structure.
In most cases a fatigue crack is not a defect. It is a sign that the part has been worn out, a sign the part has reached the end of its useful life. When your car tires wear down to the point that the tread bars are contacting the road, those tires are not defective. Those tires are worn out and the tread bar says "time for replacement." When a metal part shows a fatigue crack, it is worn out. The crack says "time for replacement."
the worse the conditions you use it in, the shorter its life.
Fatigue is the term used to describe accumulated damage to a part caused by repeated loading. To cause fatigue damage, the load the part receives must be great enough. A crude, often-used example is bending a paper clip back and forth (repeated loading) until it breaks. This simple definition will help you understand that fatigue has nothing to do with time or age. A bicycle in a garage does not fatigue. Fatigue happens only through use.

So what kind of "damage" are we talking about? On a microscopic level, a crack forms in a highly stressed area. As the load is repeatedly applied, the crack grows. At some point the crack becomes visible to the naked eye. Eventually it becomes so large that the part is too weak to carry the load that it could carry without the crack. At that point there can be a complete and immediate failure of the part.

One can design a part that is so strong that fatigue life is nearly infinite. This requires a lot of material and a lot of weight. Any structure that must be light and strong will have a -

## FACTORS THAT SHORTEN PRODUCT LIFE:

- Hard, harsh riding style
- "Hits," crashes, jumps, other
"shots" to bike
- High mileage
- Higher body weight
- Stronger, more fit, more aggressive rider
- Corrosive environment (wet, salt air, winter road salt, accumulated sweat)
- Presence of abrasive mud, dirt, sand, soil in riding environment


## Fatigue Is Not A Perfectly Predictable Science

Fatigue is not a perfectly predictable science, but here are some general factors to help you and your dealer determine how often your bicycle should be inspected. The more you fall within the "Factors that shorten product life" column above, the more frequent your need to inspect. The more you fit within the "lengthen product life" column, the less frequent your need to inspect.
A WARNING: Do not ride a bicycle or component with any crack, bulge or dent, even a small one. Riding a cracked frame, fork or component could lead to complete failure, with risk of serious injury or death.
B) UNDERSTANDING COMPOSITES

All riders must understand a fundamental reality of composites: composite materials constructed of carbon fibers are strong and light but when crashed or
overloaded, carbon fibers do not bend, they break.

## What Are Composites?

The term "composites" refers to a part or parts being made up of different materials. You've heard the term "carbon fiber bike." This really means "composite bike."
Carbon fiber composites are typically a strong, light fiber in a matrix of plastic, molded to form a shape. Carbon composites are lightweight relative to metals. Steel weighs 7.8 grams $/ \mathrm{cm}^{3}$ (grams per cubic centimeter), titanium 4.5 grams $/ \mathrm{cm}^{3}$, aluminum 2.75 grams $/ \mathrm{cm}^{3}$. Contrast these numbers with carbon fiber composite at 1.45 grams/cm ${ }^{3}$.
The composites with the best strength-to-weight ratios are made of carbon fiber in a matrix of epoxy plastic. The epoxy matrix bonds the carbon fibers together, transferring overall load to other fibers, providing a smooth outer surface. The carbon fibers are the "skeleton" that supports the load.

## Why Are Composites Used?

Unlike metals, which have uniform properties in all directions (engineers call this isotropic), carbon fibers can be placed in specific orientations to optimize the structure for particular loads. The choice of where to place the carbon fibers gives engineers a powerful tool to create strong, lightweight bicycles. Engineers may also orient fibers to suit other goals such as comfort and vibration damping. Carbon fiber composites are very corrosion resistant, much more so than most metals. Think about carbon fiber or fiberglass boats. Carbon fiber materials have a very high strength-to-weight ratio.

What Are The Limits Of Composites?
Well designed "composite" or carbon fiber bicycles and
components have long fatigue lives, usually better than their metal equivalents.
While fatigue life is an advantage of carbon fiber, you must still regularly inspect your carbon fiber frame, fork, or components.
Carbon fiber composites are not ductile. Once a carbon structure is overloaded, it will not bend; it will break. At and near the break, there will be rough, sharp edges and maybe delamination of carbon fiber or carbon fiber fabric layers. There will be no bending, buckling, or stretching.

## If You Hit Something Or Crash, What Can You Expect From Your Carbon Fiber Bike?

Let's say you hit a curb, ditch, rock, car, other cyclist or other object. At any speed above a fast walk, your body will continue to move forward, the momentum carrying you over the front of the bike. You cannot and will not stay on the bike and what happens to the frame fork and other components is irrelevant to what happens to your body.
What should you expect from your carbon frame? It depends on many complex factors, which is why we tell you that crash worthiness cannot be a design criteria. With that important note, we can tell you that if the impact is hard enough, the fork or frame may be completely broken. Note the significant difference in behavior between carbon and metal. See Section 2. A, Understanding Metals in this Appendix. Even if the carbon frame was twice as strong as a metal frame, once the carbon frame is overloaded it will not bend, it will break completely.
A WARNING: Be aware that high temperatures in a confined environment can affect the integrity of composite materials, resulting in component failure which could cause you to lose control and fall.

## Inspection of Composite Frame, Fork \& Components

Cracks: Inspect for cracks, broken or splintered areas. Any crack is serious. Do not ride any bicycle or component that has a crack of any size.
Delamination: Delamination is serious damage. Composites are made from layers of fabric. Delamination means that the layers of fabric are no longer bonded together. Do not ride any bicycle or component that has any delamination. These are some delamination clues:

- A cloudy or white area. This kind of area looks different from the ordinary undamaged areas. Undamaged areas will look glassy, shiny, or "deep," as if one was looking into a clear liquid. Delaminated areas will look opaque and cloudy.
- Bulging or deformed shape. If delamination occurs, the surface shape may change. The surface may have a bump, a bulge, soft spot, or not be smooth and fair.
- A difference in sound when tapping the surface. If you gently tap the surface of an undamaged composite, you will hear a consistent sound, usually a hard, sharp sound. If you then tap a delaminated area, you will hear a different sound, usually duller, less sharp.
Unusual Noises: Either a crack or delamination can cause creaking noises while riding. Think about such a noise as a serious warning signal. A well-maintained bicycle will be very quiet and free of creaks and squeaks. Investigate and find the source of any noise. It may not be a crack or delamination, but whatever is causing the noise must be fixed before riding.
A WARNING: Do not ride a bicycle or component with any delamination or crack. Riding a delaminated or cracked frame, fork or other component could lead to complete failure, with risk of serious injury or death.


## C) UNDERSTANDING COMPONENTS

It is often necessary to remove and disassemble components in order to properly and carefully inspect them. This is a job for a professional bicycle mechanic with the special tools, skills and experience to inspect and service today's high-tech highperformance bicycles and their components.

## Aftermarket "Super Light" components

Think carefully about your rider profile as outlined in the table above. The more you fall within the "shorten product life" column, the more you must question the use of super light components. The more you fit within the "lengthen product life" column, the more likely it is that lighter components may be suitable for you. Discuss your needs and your profile very honestly with your dealer. Take these choices seriously and understand that you are responsible for the changes.

## Original Equipment components

Bicycle and component manufacturers test the fatigue life of the components that arrive as original equipment on your bike. This means that the components have met test criteria and have reasonable fatigue life. It does not mean that the original components will last forever. They won't.
KONA OWNER'S MANUAL
KONA OWNER'S MANUAL


[^0]:    A WARNING: Do not remove the front or rear reflectors or reflector brackets from your bicycle. They are an integral part of the bicycle's safety system. Removing

[^1]:    A WARNING：Riding on an improperly installed， incompatible or damaged tubeless tire and rim

